



Associação Montepio Corrida do Centenário FPA

12 de Setembro, 2021

<https://www.werun.pt/resultados/associacao-montepio-corrída-do-centenario-fpa/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	1045	AVELINO EUSÉBIO	00:32:10	00:32:05	M2034	IND	1
2	890	JOSE GASPAR	00:33:26	00:33:21	M4044	CFB	1
3	965	RICARDO MADEIRA	00:33:31	00:33:26	M3539	GDCCP	1
4	988	PEDRO URBANO	00:34:02	00:33:56	M2034	GDRR	2
5	1009	JOÃO M FIGUEIREDO	00:34:24	00:34:18	M2034	IFC	3
6	1335	CARLOS TIAGO	00:34:40	00:34:35	M4044	RUNTEJO	2
7	1125	HUGO SILVA	00:34:42	00:34:36	M2034	RB RUNNING	4
8	21	SAMUEL BARATA	00:34:49	00:34:44	M2034	SLB	5
9	1060	JOSÉ JOÃO CORREIA SANTOS	00:34:50	00:34:45	M2034	INDIVIDUAL	6
10	1064	TIAGO GODINHO	00:35:28	00:35:23	M2034	JV	7
11	738	ALEXANDRE TIAGO	00:36:23	00:36:18	M2034	ANE	8
12	1035	ARTUR OLIVEIRA	00:36:26	00:36:20	M4549	IND	1
13	1312	VASCO ROSA	00:36:47	00:36:42	M2034	UFCT	9
14	883	NUNO ROMÃO	00:37:03	00:36:58	M4549	CFB	2
15	910	JOSÉ MIGUEL PAIS	00:37:33	00:37:27	M4549	CLX	3
16	1316	TIAGO LOPES	00:37:32	00:37:27	M2034	USCMS	10
17	731	PAULO BENEVENTE	00:37:41	00:37:27	M4044	AJPINA	3
18	885	PAULO GARCIA	00:37:39	00:37:34	M4549	CFB	4
19	1107	VIRGÍLIO GOMES	00:37:47	00:37:41	M5054	NAZA	1
20	1099	CARLOS OLIVEIRA	00:37:51	00:37:45	M5054	MAXPROG	2
21	1104	PAULO ROLA	00:37:54	00:37:48	M5559	NAZA	1
22	1309	PEDRO LOPES	00:37:59	00:37:54	M2034	UFCT	11
23	719	PEDRO FERREIRA	00:37:59	00:37:54	M4549	ACV	5
24	835	DIOGO AZEVEDO	00:38:14	00:38:09	M4044	CBSEIXAL	4
25	1022	ÁLVARO OLIVEIRA	00:38:16	00:38:10	M5054	IND	3
26	843	LEONEL SILVA	00:38:37	00:38:26	M4549	CCRAM	6
27	918	ANDRE MELO	00:38:41	00:38:35	M4044	CLX	5

28	1106	JOÃO GINJA	00:38:50	00:38:45	M5559	NAZA	2
29	718	JOÃO PAULO FERREIRA	00:39:10	00:39:03	M4549	ACRSO	7
30	1088	RUI SILVA	00:39:17	00:39:09	M4044	LPSC	6
31	1084	ARTUR PEREIRA	00:39:17	00:39:09	M4549	LPSC	8
32	1032	ANTÓNIO REIS	00:39:15	00:39:09	M4549	IND	9
33	1265	NUNO HÉLDER SILVA	00:39:18	00:39:13	M2034		12
34	1310	MILTON SANTOS	00:39:25	00:39:14	M2034	UFCT	13
35	1103	JORGE RODRIGUES	00:39:23	00:39:18	M5559	NAZA	3
36	1348	PEDRO CARDOSO	00:39:27	00:39:20	M3539	CLX	2
37	1108	JOSÉ JARMELA	00:39:31	00:39:26	M5559	NAZA	4
38	798	JOSÉ DURÃO	00:39:33	00:39:27	M5559	CBA-S	5
39	1144	CARLOS CANHA	00:39:46	00:39:35	M2034	RUNTEJO	14
40	860	MARCOLINO VERÍSSIMO	00:39:48	00:39:40	M4549	CDRAU	10
41	1100	NELSON COIMBRA	00:39:50	00:39:42	M3539	MAXPROG	3
42	120	INÊS MARQUES	00:39:50	00:39:45	F2034	ARC-EAC	1
43	1159	RUI HENRIQUES	00:39:53	00:39:46	M4044	SSMONTEPIO	7
44	1007	HUGO ADELINO	00:39:55	00:39:49	M4549	IFC	11
45	1308	JOAQUIM CRISTIANO	00:39:57	00:39:50	M3539	UFCT	4
46	1347	PAULO RODRIGUES	00:39:51	00:39:51	M2034	CLX	15
47	1040	ANDRÉ CORVO	00:40:05	00:39:56	M3539	IND	5
48	909	JOSÉ SILVA	00:40:17	00:40:06	M4549	CLX	12
49	1024	FRANCISCO GONCALVES	00:40:13	00:40:07	M5054	IND	4
50	749	RUI MARTINS	00:40:19	00:40:07	M3539	AVG	6
51	1078	PEDRO MAGALHÃES	00:40:16	00:40:08	M4549	LPSC	13
52	980	CARLOS DA SILVA	00:40:19	00:40:10	M3539	GDRG	7
53	750	BRUNO FERREIRA	00:40:23	00:40:11	M2034	AVG	16
54	1000	MARTIM CORDEIRO	00:40:26	00:40:14	M0019	GRECAS	1
55	1027	NUNO SILVA	00:40:22	00:40:16	M5054	IND	5
56	1354	MIGUEL MALHO	00:40:37	00:40:19	M2034	PNMC	17
57	1302	CARLOS CABRITA	00:40:40	00:40:32	M4549	TOTAD	14
58	837	RUI GRAZINA	00:40:38	00:40:32	M5559	CCDS	6
59	953	JOÃO SILVA	00:40:42	00:40:34	M4044	FIT6	8
60	1083	HUGO DOMINGOS	00:40:43	00:40:35	M4044	LPSC	9
61	1041	HUGO BORGES	00:40:48	00:40:38	M3539	IND	8
62	888	LUÍS MARÇAL	00:40:46	00:40:39	M4549	CFB	15

63	1143	PAULO TORRES	00:40:51	00:40:39	M4549	RUNTEJO	16
64	726	CARLOS GOMES	00:40:55	00:40:45	M5559	ADNO	7
65	1353	JOEL PENA	00:41:02	00:40:50	M3539	RUNTEJO	9
66	1098	LUÍS MIGUEL SOARES DE VASCONCELOS	00:41:00	00:40:53	M5054	MAXPROG	6
67	1389	FILIPE CONDINHO	00:41:03	00:40:54	M0019	RUNTEJO	2
68	1047	FERNANDO GASPAR	00:41:10	00:40:56	M4044	INCAPAZES	10
69	1043	FÁBIO LIMA	00:41:06	00:41:00	M2034	IND	18
70	1386	PAULO ARRENEGA	00:41:12	00:41:05	M5559	RUNTEJO	8
71	984	ABEL GLÓRIA	00:41:20	00:41:10	M5559	GD RR	9
72	982	JOSÉ MARCELINO	00:41:19	00:41:10	M5559	GD RR	10
73	823	RUI PALMA	00:41:25	00:41:19	M4549	CBAM	17
74	1322	FILIPE LOUREIRO	00:41:29	00:41:22	M4044	Alenquer	11
75	1033	FRANCISCO SERRANO	00:41:47	00:41:31	M4549	IND	18
76	1281	JOAO NUNES	00:41:45	00:41:38	M2034		19
77	1396	TIAGO GOUVEIA	00:41:50	00:41:39	M4044	RUNTEJO	12
78	1345	JOÃO TABORDA	00:41:57	00:41:45	M3539	RUNTEJO	10
79	1384	RUBEN GOMES	00:42:00	00:41:45	M2034	CPRAB	20
80	1275	CARLOS MIGUEL FERNANDES FRANCISCO	00:42:11	00:41:46	M2034		21
81	863	AFONSO VERÍSSIMO	00:42:00	00:41:53	M0019	CDRAU	3
82	1342	JOSÉ CARVALHO	00:42:09	00:41:57	M2034	RUNTEJO	22
83	1315	PAULO HERMEZILHA	00:42:04	00:41:57	M4549	USCMS	19
84	1334	CARLOS FREITAS	00:42:13	00:42:02	M5054	RUNTEJO	7
85	1338	ELIAS FORTES	00:42:12	00:42:02	M5054	RUNTEJO	8
86	1095	ANTÓNIO SANTOS	00:42:23	00:42:14	M6064	MAXPROG	1
87	931	NUNO CORREIA ALVES	00:42:21	00:42:14	M4549	COO	20
88	963	MANUEL PALMEIRO	00:42:15	00:42:15	M5559	GCB	11
89	1191	PEDRO PIRES	00:42:19	00:42:19	M5559		12
90	894	VALTER RIBEIRO	00:42:28	00:42:21	M2034	CFB	23
91	1377	LUÍS DE BORJA SANTOS NEVES FRANCO	00:42:33	00:42:24	M3539	CC AGEAS	11
92	1005	JOÃO INOCÊNCIO	00:42:32	00:42:26	M5054	IFC	9
93	1090	JOÃO PEREIRA	00:42:42	00:42:35	M2034	LPSC	24
94	1076	CARLOS MANUEL PEDRO	00:42:55	00:42:37	M5054	LPSC	10
95	876	JOÃO CARLOS GOMES	00:42:46	00:42:38	M5054	CFB	11

96	895	DANIELA SILVA	00:42:46	00:42:39	F2034	CFB	2
97	891	BRUNO PAIXÃO	00:42:46	00:42:39	M3539	CFB	12
98	1391	PEDRO BURRICA	00:42:52	00:42:40	M4549	RUNTEJO	21
99	1115	DUARTE BRITO	00:42:47	00:42:47	M2034	NAZA	25
100	842	LUÍS TRINDADE	00:42:57	00:42:48	M4044	CCRAM	13
101	868	ALEX DOS SANTOS	00:43:06	00:42:53	M4549	CFB	22
102	829	ROMÁRIO ALMEIDA	00:43:08	00:42:57	M4549	CBAM	23
103	1359	PAULO BRANCO	00:43:10	00:43:01	M4549	RC	24
104	813	JAIME PINTO	00:43:13	00:43:01	M6064	CBAM	2
105	975	FRANCISCO BORRALHO	00:43:14	00:43:06	M5559	GDQFP	13
106	1018	AVELINO SOARES	00:43:14	00:43:07	M5054	IND	12
107	839	ANDRÉ MONTEIRO	00:43:15	00:43:08	M2034	CCRA	26
108	1303	DUARTE PINTO	00:43:26	00:43:18	M4044	TOTAD	14
109	951	SÉRGIO PIRES	00:44:02	00:43:18	M4549	ELCT	25
110	1020	LUÍS GOUVEIA	00:43:19	00:43:19	M5054	IND	13
111	811	JOSÉ LOPES	00:43:30	00:43:19	M5559	CBAM	14
112	1030	FERNANDO PEREIRA	00:43:20	00:43:20	M4549	IND	26
113	1226	JOÃO TIAGO GUTERRES	00:43:33	00:43:23	M4549		27
114	1327	PEDRO MIGUEL ANASTÁCIO PEREIRA	00:43:43	00:43:28	M4044	INDIVIDUAL	15
115	1006	LUÍS FRANCO	00:43:37	00:43:37	M4549	IFC	28
116	1382	PAULO VIEIRA	00:44:06	00:43:40	M5054		14
117	737	EMANUEL RODRIGUES	00:43:53	00:43:41	M2034	ANE	27
118	849	MARGARIDA DIONÍSIO	00:43:51	00:43:45	F2034	CDFE	3
119	1277	MIGUEL GUEDES CHITAS SOARES	00:44:00	00:43:46	M2034		28
120	1360	PEDRO RODRIGUES	00:43:55	00:43:49	M5054	CPRAB	15
121	1314	JOSÉ LEMOS	00:44:07	00:44:00	M5559	USCMS	15
122	773	PEDRO FERNANDES	00:44:09	00:44:01	M4549	BCP	29
123	844	HILÁRIO DIAS	00:44:12	00:44:02	M2034	CCRAM	29
124	1089	TIAGO RODRIGUES	00:44:15	00:44:06	M2034	LPSC	30
125	748	GONÇALO INÁCIO	00:44:30	00:44:15	M4044	AVG	16
126	979	ARTUR COSTA	00:44:23	00:44:16	M0019	GDQFP	4
127	1186	CARLOS ANTÓNIO MACHADO BAPTISTA	00:44:25	00:44:17	M6064		3
128	735	ANTÓNIO MOURO	00:44:35	00:44:20	M4549	ANE	30

129	789	SANDRA PROTÁSIO	00:44:32	00:44:26	F2034	CASINTRA	4
130	1114	PAULO SILVA	00:44:35	00:44:30	M4549	NAZA	31
131	949	JORGE VAZ	00:44:49	00:44:39	M4549	CORRER LIS	32
132	1010	TIAGO OLIVEIRA	00:45:08	00:44:50	M2034	IFC	31
133	1070	DIAMANTINO GAMITO	00:45:06	00:44:58	M5559	LPSC	16
134	730	ARMANDO NAAE	00:45:19	00:44:59	M2034	AJPINA	32
135	138	PEDRO PATACHO	00:45:23	00:45:00	M5559		17
136	715	RUI MANUEL SARMENTO ANTUNES	00:45:22	00:45:00	M4044	ACNPN	17
137	728	ABULAI DABO	00:45:20	00:45:00	M0019	AJPINA	5
138	1105	JOÃO SANTOS	00:45:06	00:45:01	M6064	NAZA	4
139	121	CARLA ANDRÉ	00:45:33	00:45:01	F5559		1
140	721	FREDERICO JOSÉ CARVALHO DA CONCEIÇÃO	00:45:11	00:45:04	M4549	ADCPEDRALV	33
141	795	EMIL VELOSO	00:45:31	00:45:04	M2034	CASINTRA	33
142	1131	JOSÉ SAIAS	00:45:28	00:45:11	M4044	RC	18
143	833	VIRGÍLIO MADEIRA	00:45:29	00:45:18	M6064	CBSEIXAL	5
144	1263	ROLANDO REIS	00:45:34	00:45:20	M3539		13
145	917	BRUNO DO BRITO	00:45:41	00:45:32	M4044	CLX	19
146	1122	LUIS NEIVA	00:45:53	00:45:42	M5054	OSGALGOS	16
147	1021	PEDRO FILIPE CORREIA	00:46:05	00:45:50	M5054	CLX	17
148	807	AMÉRICO RODRIGUES	00:46:03	00:45:53	M6064	CBAM	6
149	1019	VÍTOR GONÇALVES	00:46:05	00:45:57	M5054	IND	18
150	720	DEONILDE COSTA	00:46:07	00:45:57	F4549	ACV	1
151	743	JOSÉ ANTÓNIO MARTINS MARQUES	00:46:24	00:45:58	M4549	AUR	34
152	782	MANUEL ROCHA	00:46:08	00:46:00	M4549	CAAB	35
153	1270	RICARDO DINIS	00:46:18	00:46:02	M2034		34
154	1015	HEITOR ARAÚJO	00:46:32	00:46:19	M5559	IND	18
155	1358	NUNO FERREIRA	00:46:38	00:46:23	M4044	CPRAB	20
156	772	ANTÓNIO RAMOS	00:46:40	00:46:31	M5054	BCP	19
157	1317	JULIO MARQUES SERRAS	00:46:49	00:46:33	M4549	URBAN RUN	36
158	1208	DAVID SANTOS	00:46:47	00:46:36	M5054		20
159	827	RUI FERREIRA	00:46:46	00:46:37	M4044	CBAM	21
160	1228	HUGO MIGUEL MOREIRA	00:46:50	00:46:39	M4549		37

NUNES

161	1149	REJANE PONTES	00:46:55	00:46:41	F4044	SCS	1
162	816	CARLOS COSTA	00:46:53	00:46:44	M5054	CBAM	21
163	902	JORGE SOUSA	00:47:14	00:46:46	M5559	CLX	19
164	1140	JOAQUIM SANTOS	00:47:00	00:46:49	M4549	RUNTEJO	38
165	851	RODRIGO SILVA	00:46:58	00:46:51	M0019	CDFE	6
166	852	MARGARIDA OLIVEIRA	00:46:59	00:46:53	F0019	CDFE	1
167	854	NUNO ALVES	00:47:00	00:46:54	M0019	CDFE	7
168	746	CARLA HENRIQUES	00:47:08	00:46:56	F4549	AVG	2
169	1357	JOAQUIM GOMES	00:47:10	00:46:56	M7074	CPRAB	1
170	932	RICARDO MARTINS	00:47:08	00:47:00	M4549	COO	39
171	734	ANTÓNIO RAFAEL MARRAFA DE CARVALHO	00:47:17	00:47:04	M2034	ANE	35
172	1128	NUNO BRANCO	00:47:23	00:47:05	M5054	RC	22
173	1062	SÉRGIO OLIVEIRA	00:47:26	00:47:06	M2034	JDAL	36
174	923	BÁRBARA RITA ABREU	00:47:29	00:47:08	F2034	CLX	5
175	125	VALTER MARQUES	00:47:41	00:47:11	M5559		20
176	763	PALMIRA FRANCISCA QUINHAMA	00:47:47	00:47:23	F4044	AWRP	2
177	881	GONÇALO FERREIRA	00:47:33	00:47:25	M4549	CFB	40
178	1150	ELISABETE NUNES	00:48:01	00:47:47	F4549	SCS	3
179	1393	CARLOS ANDRÉ DIAS FERREIRA	00:48:28	00:47:52	M4044		22
180	806	JOÃO SOARES	00:48:11	00:47:55	M6569	CBAM	1
181	889	ALEXANDRE ALMEIDA	00:48:07	00:47:58	M4044	CFB	23
182	814	VÍTOR SILVA	00:48:09	00:47:59	M5559	CBAM	21
183	1408	CARLOS CAEIRO	00:48:27	00:48:03	M4549	AMINHACORRIDA	41
184	1096	PAULO FERNANDO COELHO CARVALHO PASCOAL	00:48:17	00:48:04	M5054	MAXPROG	23
185	784	JOSÉ PINTO	00:48:25	00:48:12	M5559	CASINTRA	22
186	916	BRUNO CLARO	00:48:37	00:48:19	M4044	CLX	24
187	1023	JOÃO CANHOTO	00:48:33	00:48:22	M5054	IND	24
188	913	GRAÇA CASTRO	00:48:44	00:48:23	F4549	CLX	4
189	1291	JUN LIANG	00:48:51	00:48:23	F5054		1
190	927	NUNO PARREIRA	00:48:48	00:48:24	M4044	CNPN	25
191	942	ALBERTINO NETO	00:48:50	00:48:32	M5054	CSR GRANJA	25

192	770	MÁRIO DUARTE	00:49:09	00:48:39	M5054	BCP	26
193	1102	HERCULANO DOMINGUES	00:49:03	00:48:54	M6569	NAZA	2
194	879	CRISTIANO MARQUES	00:49:02	00:48:55	M4549	CFB	42
195	1073	VÍTOR CANTO	00:49:22	00:49:01	M5054	LPSC	27
196	1155	PAULO SERRA	00:49:34	00:49:01	M4549	SIMECQ	43
197	875	JORGE PAULO MORGADO	00:49:28	00:49:09	M6064	CFB	7
198	818	JORGE ALVES	00:49:10	00:49:10	M5054	CBAM	28
199	732	VANDA MURTEIRA	00:49:23	00:49:11	F4549	AM18DEMAIO	5
200	1121	ROGÉRIO VENÂNCIO	00:49:20	00:49:13	M6569	OMDC	3
201	817	VÍTOR SANTOS	00:49:20	00:49:20	M5054	CBAM	29
202	938	RUI MANUEL RODRIGUES	00:49:38	00:49:21	M5559	CSR GRANJA	23
203	1109	FRANCISCO SILVEIRA	00:49:32	00:49:21	M5054	NAZA	30
204	1331	ALEXANDRE NUNES	00:49:41	00:49:22	M4549	CLX	44
205	1097	MAXIMIANO SANTOS	00:49:43	00:49:29	M5559	MAXPROG	24
206	1162	RUI DIAS	00:49:55	00:49:29	M5054	SSMONTEPIO	31
207	976	NUNO GOMES	00:49:48	00:49:30	M4549	GDQFP	45
208	1240	RICARDO OLIVEIRA	00:50:03	00:49:32	M4044		26
209	1346	MÁRIO JORGE RIBEIRO	00:49:45	00:49:32	M5559	RUNTEJO	25
210	1387	RUI FARIA	00:49:57	00:49:33	M4549	RUN 4 FUN	46
211	834	JUSTINIANO SILVA	00:49:44	00:49:34	M5559	CBSEIXAL	26
212	898	JOÃO CATALÃO	00:49:39	00:49:34	M6569	CLUVE	4
213	1196	ANTÓNIO MAURÍCIO	00:49:46	00:49:39	M5559		27
214	1038	ANA LOURIDO	00:50:49	00:49:41	F4044	IND	3
215	967	JOÃO DAMÁZIO	00:50:09	00:49:44	M4549	GDIB	47
216	892	GONÇALO FERRAZ	00:50:06	00:49:47	M3539	CFB	14
217	901	PAULO LOURO	00:50:21	00:49:48	M5559	CLX	28
218	799	RENATO MARQUES	00:49:51	00:49:51	M5054	CBA-S	32
219	1199	NUNO CABEÇA	00:50:11	00:49:55	M5054		33
220	1048	JOSÉ VERISSIMO	00:50:45	00:49:58	M5559	INDIVIDUAL	29
221	796	RUI MENDES	00:50:09	00:50:00	M4549	CAVF	48
222	1110	JOSÉ NUNES	00:50:17	00:50:02	M5054	NAZA	34
223	802	PEDRO MARQUES	00:50:19	00:50:03	M0019	CBA-S	8
224	1181	ANTÓNIO BATALHA	00:50:33	00:50:19	M6569		5
225	1222	NUNO MONTEIRO MENDES	00:50:51	00:50:21	M4549		49

226	1225	CARLA MENDES	00:50:50	00:50:21	F4549		6
227	1188	JOAO PASSEIRO	00:50:53	00:50:22	M5559		30
228	1052	AMERICO RAMOS	00:51:30	00:50:22	M6064	INDIVIDUAL	8
229	882	LUÍS PALMA	00:50:48	00:50:23	M4549	CFB	50
230	1300	LUÍS ALMEIDA	00:50:39	00:50:28	M4549	SEM CLUBE	51
231	803	JOSÉ ALVES	00:50:47	00:50:31	M7074	CBAM	2
232	1207	HENRIQUE JOAQUIM	00:50:49	00:50:33	M5054		35
233	840	ALBERTO RODRIGUES	00:50:59	00:50:33	M6064	CCRAM	9
234	792	CAROLINA PROENÇA	00:50:39	00:50:34	F0019	CASINTRA	2
235	805	LUIZ FERRÃO	00:50:44	00:50:35	M6569	CBAM	6
236	993	ANA LEONOR	00:50:59	00:50:40	F2034	GDRV	6
237	884	NUNO QUEIJA	00:51:13	00:50:48	M4549	CFB	52
238	878	ANABELA FERREIRA	00:51:13	00:50:48	F5054	CFB	2
239	874	PEDRO AFONSO	00:51:14	00:50:49	M5054	CFB	36
240	903	VÍTOR BALTAZAR	00:51:13	00:50:52	M5054	CLX	37
241	768	FERNANDO RODRIGUES	00:51:22	00:50:54	M5559	BCP	31
242	1014	JAIME SILVA	00:51:10	00:51:01	M6569	IND	7
243	826	GRACIETE ALVES	00:51:27	00:51:01	F4549	CBAM	7
244	1355	FILIPE CORREIA	00:51:28	00:51:02	M3539	ANE	15
245	809	JOSÉ DUARTE	00:51:27	00:51:02	M5559	CBAM	32
246	1292	WILLIAM ELLIOT	00:51:33	00:51:06	M2034		37
247	952	JOSÉ MOREIRA	00:51:16	00:51:07	M4044	EVELX	27
248	850	JOANA SANTOS	00:51:15	00:51:09	F0019	CDFE	3
249	1374	JOÃO CARMO	00:51:14	00:51:14	M2034	CPRAB	38
250	783	JAIME LAMEGO	00:51:34	00:51:18	M6064	CAAPP	10
251	853	RUI ALMEIDA	00:51:25	00:51:18	M0019	CDFE	9
252	1352	HUGO SILVA	00:51:48	00:51:25	M3539		16
253	991	OLGA ARAÚJO	00:51:58	00:51:39	F4044	GDRV	4
254	739	CHANTAL XHERVELLE	00:51:59	00:51:43	F5054	ANE	3
255	948	HENRIQUE DIAS	00:52:24	00:51:47	M6569	CLX	8
256	1044	LUÍS AFONSO	00:52:01	00:51:50	M2034	IND	39
257	62	RUI VIEIRA	00:52:06	00:51:53	M5054	PRTEAM	38
258	1187	ANTÓNIO CASIMIRO PINA DA COSTA	00:51:58	00:51:58	M6064		11
259	780	DEIVID ANDERSON BORBA	00:52:07	00:51:58	M3539	BORBA RUN	17

260	742	MARIA DA GRAÇA SERRA	00:52:12	00:51:59	F5054	AVG	4
261	1025	CARLA CONCEIÇÃO	00:52:27	00:52:04	F5054	IND	5
262	27	MARTA ONOFRE	00:52:06	00:52:06	F2034	SCP	7
263	943	VASCO MATOS	00:52:23	00:52:06	M4549	CSR GRANJA	53
264	939	FRANCISCO DIAS	00:52:25	00:52:07	M5054	CSR GRANJA	39
265	774	NUNO AUGUSTO	00:52:29	00:52:12	M3539	BCP	18
266	740	BERNARDO TOPA	00:52:34	00:52:14	M2034	ARTOFSURF	40
267	776	CLAUDIA AUGUSTO	00:52:33	00:52:14	F3539	BCP	1
268	1054	JOSÉ DE AGUIAR PROENÇA	00:52:33	00:52:18	M5559	INDIVIDUAL	33
269	1397	BRUNO MIGUEL MARCELINO FERREIRA	00:52:42	00:52:20	M2034		41
270	1074	RUI LACERDA	00:52:31	00:52:20	M4549	LPSC	54
271	1390	JORGE SILVA	00:52:34	00:52:22	M0019	RUNTEJO	10
272	950	VARELA SÃO	00:52:51	00:52:27	F4549	CORRER QUE	8
273	1223	PAULO SANTOS	00:52:55	00:52:32	M4549		55
274	778	ANA MARQUES	00:52:50	00:52:37	F6064	BCP	1
275	956	MARISA FREIRE	00:53:14	00:52:41	F2034	FIT@HOME	8
276	871	JOSÉ PIÇARRA	00:53:07	00:52:58	M6064	CFB	12
277	1192	LUIS SANTOS	00:53:12	00:52:58	M5559		34
278	899	ANTÓNIO DOS SANTOS	00:53:25	00:53:04	M6569	CLX	9
279	1111	PEDRO MENDONÇA	00:53:15	00:53:15	M4549	NAZA	56
280	1257	FILIPE ALEXANDRE MARQUES PEREIRA	00:53:49	00:53:16	M3539		19
281	1179	MARCOS ANTONIO FONSECA PEREIRA	00:53:50	00:53:16	M6569		10
282	1362	ALEXANDRE PUENTES DOS SANTOS	00:53:55	00:53:27	M2034		42
283	1197	ÁLVARO FERREIRA	00:53:42	00:53:30	M5054		40
284	1323	CARLOS TEIXEIRA TEIXEIRA	00:53:54	00:53:31	M7074	INDIVIDUAL	3
285	981	MÁRIO MIGUEL	00:54:00	00:53:32	M7074	GD RR	4
286	741	LLOYD MARTINS	00:54:03	00:53:43	M2034	ARTOFSURF	43
287	1337	CRISTIANA MONTEIRO	00:53:59	00:53:52	F2034	RUNTEJO	9
288	1059	JOSÉ CARLOS SABBO	00:54:12	00:53:57	M2034	INDIVIDUAL	44
289	756	LUÍS MANUEL CANTEIRO VITORINO	00:54:09	00:53:57	M4549	AWRP	57
290	760	CARMEN SOFIA DA SILVA HENRIQUES	00:54:10	00:53:58	F4044	AWRP	5

291	812	FERNANDO FIGUEIREDO	00:54:26	00:53:59	M5054	CBAM	41
292	793	LARA CLÁUDIO	00:54:26	00:53:59	F0019	CASINTRA	4
293	788	ISIDRO SIMÕES	00:54:26	00:54:00	M4549	CASINTRA	58
294	1082	CÉLIA SILVA	00:54:20	00:54:01	F4549	LPSC	9
295	1385	TITO ALEXANDRE NASCIMENTO	00:54:38	00:54:01	M4044		28
296	1129	JOÃO COSTA	00:54:20	00:54:02	M4549	RC	59
297	1169	FILIPE DUARTE	00:54:36	00:54:02	M3539	SSMONTEPIO	20
298	1251	RAFAEL MARTINS	00:54:30	00:54:04	M4044		29
299	990	SANDRA MARTINS	00:54:22	00:54:04	F4549	GDRV	10
300	841	ALZIRA SOBRAL	00:54:17	00:54:07	F5559	CCRAM	2
301	1339	EVELINO MAGALHÃES	00:54:20	00:54:07	M4549	RUNTEJO	60
302	905	CARLOS SOARES	00:54:40	00:54:18	M5054	CLX	42
303	1279	CAROLINA BENFEITO	00:54:41	00:54:19	F2034		10
304	1229	NUNO FERNANDES	00:54:33	00:54:20	M4044		30
305	1141	JOAQUIM AMARAL	00:54:33	00:54:21	M4549	RUNTEJO	61
306	1340	EZEQUIEL ANDRADE	00:54:37	00:54:23	M4549	RUNTEJO	62
307	771	MANUEL PEREIRA	00:54:53	00:54:39	M5054	BCP	43
308	1139	RUI PARREIRA	00:54:44	00:54:44	M5559	RUNTEJO	35
309	1402	TEODORO TRINDADE	00:55:10	00:54:46	M6064	RUN 4 FUN	13
310	1392	PEDRO VIEIRA	00:55:01	00:54:48	M0019	RUNTEJO	11
311	964	JOSÉ OLIVEIRA	00:54:55	00:54:50	M6064	GDA	14
312	1373	JOAO BRUSCO	00:55:19	00:54:50	M3539		21
313	1151	ANA INÊS PEREIRA	00:55:15	00:54:57	F5054	SFRAA	6
314	1273	JOANA PINTO	00:55:21	00:54:57	F2034		11
315	1326	TIAGO MOTA SARAIVA	00:55:08	00:55:00	M4549	INDIVIDUAL	63
316	1193	ANTÓNIO JORGE SARAIVA MARCELO	00:55:26	00:55:02	M5559		36
317	925	LUIS RIBEIRO	00:55:23	00:55:07	M4549	CMCO	64
318	858	ORLINDO FIGUEIREDO	00:55:16	00:55:08	M7074	CDRAU	5
319	836	SELMA RESENDE	00:55:19	00:55:09	F5559	CBSEIXAL	3
320	815	CARLOS SILVA	00:55:28	00:55:17	M5559	CBAM	37
321	1126	PAULO RIBEIRO	00:55:41	00:55:23	M5054	RC	44
322	725	PAULA SOUSA	00:55:42	00:55:25	F5559	ADLA	4
323	869	BERNARDINO PEREIRA	00:55:32	00:55:26	M8589	CFB	1

324	781	ÁLVARO PINTO	00:56:04	00:55:33	M6064	C P REAL A	15
325	1046	CÁTIA RAMOS	00:55:53	00:55:33	F3539	IND	2
326	775	IVO DOS SANTOS	00:55:47	00:55:38	M3539	BCP	22
327	109	FERNANDO ANDRADE	00:56:11	00:55:40	M5559		38
328	724	ALFREDO SOUSA	00:55:42	00:55:42	M6569	ADLA	11
329	1051	MANUEL CAETANO BAPTISTA PAIS	00:56:10	00:55:45	M5559	INDIVIDUAL	39
330	857	JOSÉ PULIDO	00:56:00	00:55:51	M7074	CDRAU	6
331	1202	PEDRO SANTOS	00:56:20	00:55:59	M5054		45
332	904	ANDRÉ LABORINHO	00:56:27	00:56:05	M5054	CLX	46
333	1336	CLÁUDIA BORRALHO	00:56:06	00:56:06	F4549	RUNTEJO	11
334	745	ANA ABRUNHOSA	00:56:25	00:56:10	F4549	AVG	12
335	744	PAULO ALEXANDRE DE OLIVEIRA LOPES	00:56:41	00:56:12	M3539	AUR	23
336	1252	FILIPE OLIVEIRA	00:56:51	00:56:25	M4044		31
337	1230	BERNARDO SALAVESSA	00:56:57	00:56:26	M4044		32
338	866	SOFIA MEDRONHEIRA	00:56:51	00:56:29	F4044	CDRR	6
339	124	SÉRGIO KRITHINAS	00:57:03	00:56:32	M5559		40
340	1215	PAULO JORGE OLIVEIRA DOMINGUES	00:56:54	00:56:34	M4549		65
341	929	ARMANDO CID	00:56:58	00:56:35	M6064	CNPN	16
342	930	JOSÉ ROLÃO	00:57:01	00:56:38	M6569	CNPN	12
343	847	PAULO ALMEIDA	00:56:39	00:56:39	M5559	CDFE	41
344	1175	FERNANDO CHASQUEIRA	00:57:25	00:56:49	M7074		7
345	1168	TERESA CARDOSO	00:57:25	00:56:51	F4044	SSMONTEPIO	7
346	957	ANA RITA AMORIM	00:57:34	00:57:04	F2034	FIT@HOME	12
347	767	JOSÉ BRANCO	00:57:25	00:57:05	M7074	BCP	8
348	856	ANTÓNIO RIBEIRO	00:57:33	00:57:14	M7074	CDRAU	9
349	1167	JORGE SOUSA	00:57:55	00:57:20	M4549	SSMONTEPIO	66
350	1053	JOSÉ ANTUNES	00:58:06	00:57:28	M6569	INDIVIDUAL	13
351	1278	VÍTOR HUGO BORGES MELO	00:57:45	00:57:30	M2034		45
352	787	PAULO BRITO	00:57:57	00:57:30	M5054	CASINTRA	47
353	1284	LUIS OCTÁVIO ESCÓRCIO CASTRO	00:57:46	00:57:30	M2034		46
354	1065	JOAQUIM COSTA	00:57:47	00:57:31	M7074	JOMA	10
355	1220	CARLOS JÚNIOR	00:58:10	00:57:34	M4549		67

356	928	TÂNIA PIRES	00:58:05	00:57:42	F2034	CNPN	13
357	1211	FERNANDO JORGE MONTEIRO MENDES	00:58:11	00:57:43	M5054		48
358	870	ELSA BRUXELAS	00:58:26	00:58:01	F6064	CFB	2
359	1085	ANA NETO	00:58:20	00:58:01	F4044	LPSC	8
360	1219	NUNO NUNES	00:58:17	00:58:08	M4549		68
361	704	ANTÓNIO GUERREIRO	00:58:40	00:58:15	M6064	AAMAFRA	17
362	1216	PAULO SOUSA	00:58:51	00:58:17	M4549		69
363	727	SÉRGIO PAIVA	00:58:19	00:58:19	M4549	ADNO	70
364	1057	NUNO HORÁCIO OLIVEIRA MOREIRA SANTOS	00:58:46	00:58:21	M4549	INDIVIDUAL	71
365	1013	VENTURA SARAIVA	00:58:44	00:58:24	M6569	IND	14
366	1066	CARLOS CARMINO RODRIGUES	00:58:40	00:58:25	M6064	LMA-L	18
367	1398	CARLA CARVALHO	00:58:54	00:58:25	F4549	AUR	13
368	1375	LEANDRO RODRIGUES DA GRAÇA SILVA	00:59:00	00:58:40	M5054		49
369	1071	MADALENA PINA	00:59:01	00:58:41	F5054	LPSC	7
370	1016	ELSA OLIVEIRA	00:59:05	00:58:42	F5559	IND	5
371	821	PAULA SOARES	00:59:25	00:58:56	F5054	CBAM	8
372	1077	RICARDO FARIA	00:59:32	00:59:02	M4549	LPSC	72
373	1344	JOÃO NEVES	00:59:32	00:59:03	M4549	LPSC	73
374	998	RITA OLIVEIRA	00:59:26	00:59:13	F4044	GRCDL	9
375	1156	SUSANA MENDES	00:59:50	00:59:14	F4044	SIMECQ	10
376	1056	JOAQUIM ANTÓNIO MENDES VIANA	00:59:40	00:59:15	M5559	INDIVIDUAL	42
377	1185	JOAQUIM POMBEIRO	00:59:39	00:59:18	M6569		15
378	867	CARLA SOARES	00:59:44	00:59:22	F4044	CDRR	11
379	1124	VALMIR GOMES VIEIRA	00:59:55	00:59:24	M5559	PERSONAL	43
380	1153	NUNO GALVÃO	01:00:04	00:59:29	M5559	SIMECQ	44
381	1351	HUGO RAMOS	00:59:44	00:59:32	M0019		12
382	1283	DAVID JORGE	00:59:45	00:59:33	M0019		13
383	848	SÓNIA BELEZA	00:59:40	00:59:34	F4044	CDFE	12
384	1296	ANDRÉ DIAS	00:59:46	00:59:34	M0019		14
385	1267	MIGUEL BELO	01:00:31	00:59:36	M2034		47
386	1039	CATARINA PALMA	00:59:58	00:59:58	F3539	IND	3

387	1410	JOSE MARQUES	01:00:35	01:00:00	M7074	GMC Jamor	11
388	944	TIAGO	01:00:39	01:00:15	M4549	CAMPOS	74
389	1160	ANTÓNIO FRANCO	01:00:54	01:00:22	M5559	SSMONTEPIO	45
390	1170	CARLOS CABARRÃO	01:00:28	01:00:28	M6569		16
391	1321	PEDRO SOUSA	01:00:48	01:00:31	M5559	x	46
392	985	PAULO MOREIRA	01:00:55	01:00:36	M5054	GDRR	50
393	987	RICARDO PINTO	01:00:56	01:00:37	M3539	GDRR	24
394	986	FILIPA FERRO	01:00:57	01:00:43	F4044	GDRR	13
395	808	MARCOS LEONARDO	01:01:14	01:00:48	M6569	CBAM	17
396	830	AGOSTINHO CRISTINO	01:00:59	01:00:50	M7074	CBAMM	12
397	977	FLÁVIO LOPES	01:01:18	01:00:59	M3539	GDQFP	25
398	1320	MANUEL FONSECA	01:01:31	01:01:22	M5559	VALEJAS	47
399	1394	CLARA CHAVES	01:01:24	01:01:24	F4549		14
400	1206	ELISABETE MARIA	01:01:47	01:01:30	F5054		9
401	747	SANDRA MONTEIRO	01:01:48	01:01:34	F4044	AVG	14
402	1177	ANTÓNIO MANUEL JORGE	01:01:42	01:01:42	M6569		18
403	1388	ARMANDO JOÃO COSTA	01:02:17	01:01:56	M5559		48
404	1068	BENTO QUARESMA	01:02:26	01:02:07	M4549	LPSC	75
405	996	ADRIANO CUNHA	01:02:36	01:02:08	M6569	GRCDL	19
406	810	ADALBERTO GRILO	01:02:41	01:02:13	M5559	CBAM	49
407	955	BRUNO MIGUEL VILHANA	01:02:45	01:02:13	M3539	FIT@HOME	26
408	1256	MONICA MARTINS	01:02:43	01:02:19	F3539		4
409	1201	RUI MANUEL DUARTE VIEIRA	01:03:23	01:02:49	M5054		51
410	1036	MARINA PANTALIÃO	01:03:11	01:02:49	F4044	IND	15
411	1161	JOÃO CATARINO	01:03:37	01:03:05	M5054	SSMONTEPIO	52
412	1165	LUIS GRENCHO	01:03:39	01:03:06	M4549	SSMONTEPIO	76
413	907	PAULA ALMEIDA	01:03:41	01:03:18	F5054	CLX	10
414	1376	LUIS AFONSO	01:04:02	01:03:25	M5559		50
415	1218	LUIS MORGADO	01:04:02	01:03:26	M4549		77
416	822	JOSÉ CARLOS SOUSA	01:04:05	01:03:38	M4549	CBAM	78
417	1286	BEATRIZ CORREIA	01:04:16	01:03:43	F2034		14
418	1266	LUISA REBORDÃO	01:04:07	01:03:44	F2034		15
419	911	RUI MÓNICA	01:04:10	01:03:47	M4549	CLX	79
420	1244	NELSON PANTALEÃO	01:04:18	01:03:50	M4044		33

421	924	TERESA QUARESMA	01:04:32	01:03:56	F4549	CMCO	15
422	1313	EMÍLIO GONÇALVES	01:04:58	01:04:23	M5054	URD	53
423	1055	HENRIQUE VILHENA	01:04:56	01:04:24	M5559		51
424	1154	CELESTE ALMEIDA	01:05:16	01:04:40	F5054	SIMECQ	11
425	954	RUI JORGE FRANCO TEIXEIRA	01:05:35	01:05:04	M5054	FIT@HOME	54
426	1163	PAULO PEREIRA	01:05:39	01:05:07	M5054	SSMONTEPIO	55
427	1134	GUILHERME SANTOS	01:05:36	01:05:18	M2034	RC	48
428	1324	PINA	01:05:38	01:05:27	M6569	INDIVIDUAL	20
429	1380	NELSON CARLOS RAMOS DE MELO	01:06:16	01:05:54	M4044	INDIVIDUAL	34
430	1004	ANA ROLO	01:06:28	01:06:17	F5559	IFC	6
431	1304	ANA MACEDO	01:06:48	01:06:28	F4549	UAP	16
432	1378	MIGUEL VELEZ	01:07:29	01:07:06	M5559	CLC	52
433	1268	JÚLIO CÉSAR TEIXEIRA ALVES	01:07:13	01:07:13	M5559		53
434	1091	JACINTO PEREIRA	01:07:30	01:07:13	M6064	LRCPA	19
435	1395	HUGO LOMBA	01:07:27	01:07:15	M0019	RUNTEJO	15
436	1350	SUSANA JACINTO	01:07:32	01:07:18	F4549	RUNTEJO	17
437	1086	ELISABETE SILVA	01:07:45	01:07:23	F3539	LPSC	5
438	1332	ANA SOFIA ALEIXO	01:07:45	01:07:23	F4044	LPSC	16
439	997	SANDRA LOPES	01:07:50	01:07:37	F4549	GRCDL	18
440	779	LEONEL BRANDÃO	01:07:53	01:07:39	M5054	BCP	56
441	819	ROSA DIAS	01:08:11	01:07:43	F5054	CBAM	12
442	824	VERA TOLÊDO	01:08:17	01:07:49	F4549	CBAM	19
443	1297	LUCILA PETROSKI	01:08:43	01:08:15	F6064		3
444	1260	NUNO MENDES	01:08:19	01:08:19	M3539		27
445	1067	JOSÉ BAPTISTA	01:08:43	01:08:25	M6064	LPSC	20
446	872	CARLOS CRESPO	01:09:07	01:08:36	M5559	CFB	54
447	1152	OLGA GALVÃO	01:09:18	01:08:42	F5559	SIMECQ	7
448	1289	NATACHA FAUSTINO	01:09:09	01:09:09	F0019		5
449	1224	RUI FAUSTINO	01:09:26	01:09:11	M4549		80
450	959	ROSA CRISTINA CADIMA FERREIRA	01:09:49	01:09:18	F4044	FIT@HOME	17
451	922	CRISTINA VICENTE	01:09:48	01:09:21	F2034	CLX	16
452	1399	DANIELA PEREIRA	01:10:21	01:09:59	F2034		17

453	1058	SÉRGIO DE SÁ CAIADO	01:10:20	01:09:59	M4044	INDIVIDUAL	35
454	1183	JOÃO JOSÉ PISSARRA NUNES ESTEVES	01:10:41	01:10:04	M6064		21
455	1274	TIAGO CORTEZ	01:10:58	01:10:32	M2034		49
456	1282	LUÍSA VIEIRA DE SOUSA CORREIA	01:10:57	01:10:32	F2034		18
457	1164	JOÃO DIEGUES	01:13:22	01:12:48	M4549	SSMONTEPIO	81
458	1330	ALBINO OLIVEIRA	01:13:12	01:12:58	M7579	CBAM	1
459	989	ARTUR LOBO COSTA	01:13:43	01:13:36	M6064	GDRV	22
460	1264	ANA RITA DEL ROSAL ANTUNES MARTINS DE MATOS	01:14:07	01:13:40	F2034		19
461	1198	STEFANNE PIMENTEL	01:15:14	01:14:49	F2034		20
462	1166	CLAUDIA GRECHCO	01:15:34	01:15:00	F4549	SSMONTEPIO	20
463	1079	SÓNIA SEQUEIRA	01:15:59	01:15:29	F4549	LPSC	21
464	1087	MIGUEL SEQUEIRA	01:16:00	01:15:30	M3539	LPSC	28
465	958	MARIANA COSTA	01:16:12	01:15:40	F2034	FIT@HOME	21
466	804	MÁRIO LAMEIRÃO	01:16:29	01:16:08	M7074	CBAM	13
467	828	MARCO GOUVEIA	01:17:05	01:16:38	M4549	CBAM	82
468	1288	DIOGO AMADOR	01:17:28	01:17:02	M2034		50
469	1209	CARLA RATO	01:17:56	01:17:34	F5054		13
470	1173	EDIO LUIZ PETROSKI	01:18:39	01:18:11	M6569		21
471	1409	AMERICO COSTA	01:18:46	01:18:17	M6064		23
472	1189	RUI MELÃO	01:19:47	01:19:10	M5559		55
473	1182	ANA PAULA TAVARES DIAS	01:20:44	01:20:06	F6569		1
474	777	HUMBERTO FERREIRA	01:21:01	01:21:01	M7074	BCP	14
475	926	ANA SOFIA RIBEIRO	01:21:32	01:21:14	F4549	CMCO	22
476	1050	JOSÉ LUÍS ROMÃO FERREIRA	01:23:50	01:23:15	M6569	INDIVIDUAL	22
477	962	BRUNO PALMEIRO	01:23:42	01:23:42	M2034	GCB	51
478	1184	VASCO MANUEL MARTINS DE MATOS	01:24:34	01:24:06	M6064		24
479	1329	ELENA PUENTES DOS SANTOS	01:24:39	01:24:08	F5054		14