



# Campeonato Regional de Infantis - 4ª Jornada

FPA **COMPETIÇÕES**

Sobreda - Almada - 13/02/2022

## Martelo (3 Kg) - Inf / Masc | INF - M | Dia 1

### Série 1

1	Gonçalo Matos	2009	INF	QFC	23.86
2	Flávio Couto	2009	INF	GDRV	15.98
3	Francisco Dias	2009	INF	QFC	15.97
4	Duarte Sestelo	2010	INF	AACC	12.27
5	Luca Ferreira	2010	INF	QFC	12.26
6	Mateus Amaro	2009	INF	AAPL	12.23
7	Gustavo Neto	2010	INF	ACDC	10.89
8	Henrique Lopes	2009	INF	CPPEA	10.55
9	André Santos	2010	INF	AACC	10.45
10	António Fontes		INF	CPC	10.41
11	David Dionísio	2010	INF	QFC	10.25
12	Salvador Cruz	2009	INF	QFC	10.19
13	Martim Lamelas	2010	INF	AACC	10.14
14	Simão Mota	2010	INF	SLA	8.82
15	Martim Morais	2009	INF	AAPL	5.69
16	Bruno Amorim	2009	INF	AAPL	5.48
17	David Lopes	2010	INF	AAPL	4.84
18	Álvaro Carrilho	2010	INF	CPPEA	4.41
19	Miguel Caeiro	2010	INF	AAPL	3.54
NM	David Vargas	2009	INF	CPPEA	x
DNS	Lucas Teixeira	2009	INF	GDRV	x
DNS	Nuno Palmeiro	2009	INF	PFC	x
DNS	Leonardo Antunes	2009	INF	PFC	x
DNS	Diego Soares	2010	INF	CDRR	x
DNS	Eder Gonçalves	2010	INF	CPV MKED	x
DNS	Hélio Mendes	2009	INF	CDRR	x

## Comprimento com Vara - Inf / Masc | INF - M | Dia 1

### Série 1

1	Gonçalo Matos	2009	INF	QFC	4.37   v
2	Mateus Amaro	2009	INF	AAPL	4.17   v
3	Leonardo Antunes	2009	INF	PFC	4.07   v
4	Francisco Dias	2009	INF	QFC	3.87   v
5	Luca Ferreira	2010	INF	QFC	3.63   v
6	António Fontes	2009	INF	CPC	3.56   v
7	David Vargas	2009	INF	CPPEA	3.54   v
8	André Santos	2010	INF	AACC	3.35   v
9	Flávio Couto	2009	INF	GDRV	3.31   v
10	Salvador Cruz	2009	INF	QFC	3.30   v
11	Nuno Palmeiro	2009	INF	PFC	3.24   v
12	Martim Lamelas	2010	INF	AACC	3.14   v
13	Henrique Lopes	2009	INF	CPPEA	3.13   v
14	Martim Morais	2009	INF	AAPL	3.04   v
15	Miguel Caeiro	2010	INF	AAPL	2.92   v
16	David Dionísio	2010	INF	QFC	2.74   v
17	David Lopes	2010	INF	AAPL	2.70   v
18	Bruno Amorim	2009	INF	AAPL	2.65   v
19	Duarte Sestelo	2010	INF	AACC	2.56   v
20	Gustavo Neto	2010	INF	ACDC	2.50   v
21	Álvaro Carrilho	2010	INF	CPPEA	2.37   v
22	Simão Mota	2010	INF	SLA	1.71   v
DNS	Diego Soares	2010	INF	CDRR	x   v
DNS	Hélio Mendes	2009	INF	CDRR	x   v
DNS	Eder Gonçalves	2010	INF	CPV MKED	x   v

DNS Lucas Teixeira 2009 INF GDRV x | v

## Quadruplo Salto - Inf / Fem | INF - F | Dia 1

### Série 1

1	Sara Lopes	2009	INF	AGDAK	11.80   v -2.9
2	Leonor Fernandes	2009	INF	GRQL	10.78   v 0.70
3	Maria Pascoal	2009	INF	ACDC	10.72   v -0.9
4	Diana Miranda	2010	INF	CPPEA	10.65   v -1.4
5	Daniela Gorgueira	2010	INF	CPPEA	10.49   v -1.9
6	Maria Lobato	2009	INF	CPPEA	10.31   v 0.40
7	Ariana Peixeiro	2010	INF	QFC	9.99   v -2.2
8	Carolina Paiva	2010	INF	CDRR	9.90   v -1.3
9	Matilde Macheta	2010	INF	QFC	9.88   v 0.10
10	Lara Simões	2010	INF	CPPEA	9.88   v -0.8
11	Mónica Fernandes	2010	INF	QFC	9.70   v -3.2
12	Joana Lopes	2010	INF	QFC	9.68   v -1.5
13	Ana Mónica Macedo	2010	INF	QFC	9.67   v 0.80
14	Luana Espírito Santo	2010	INF	SLA	9.65   v 0.90
15	Gabriela Alves	2009	INF	ADTT	9.59   v 1.00
16	Bárbara Tavares	2010	INF	AAPL	9.55   v -2.8
17	Gabriela Jesus	2009	INF	CPPEA	9.50   v -0.4
18	Sara Silva	2010	INF	QFC	9.44   v -2
19	Leonor Bento	2010	INF	QFC	9.43   v -0.5
20	Nicole Elmer	2010	INF	CPPEA	9.34   v 0.70
21	Beatriz Paulino	2010	INF	QFC	9.32   v 1.70
22	Rita Melo	2010	INF	QFC	9.29   v -0.5
23	Maria Craveiro	2010	INF	CPPEA	9.11   v 0.90
24	Rita Dos Santos	2010	INF	ADTT	9.06   v -1.5
25	Carolina Cunha	2009	INF	NDJL-ST	9.05   v -0.6
26	Ashlee Estevão	2009	INF	GDRV	9.03   v 1.10
27	Matilde Silva	2010	INF	ADTT	9.00   v -0.5
28	Maria Rito	2010	INF	ADTT	8.85   v -1
29	Lara Silva	2009	INF	QFC	8.84   v -2
30	Ana Sofia Santos	2009	INF	CPPEA	8.81   v -1.3
31	Raquel Neves	2009	INF	GDC	8.66   v -0.5
32	Carolina Sousa	2009	INF	ACDC	8.64   v -2
33	Ema Ramires	2010	INF	QFC	8.56   v -0.3
34	Catarina Almeida	2010	INF	AAPL	8.38   v -0.1
35	Daniela Sargento	2010	INF	SLA	8.29   v 0.80
NM	Joana Moreiras	2010	INF	CDRR	x   v
NM	Alice Durães	2009	INF	PFC	x   v
NM	Matilde Carolino	2010	INF	PFC	x   v
NM	Lara Ribeiro	2009	INF	CDRR	x   v
NM	Sofia Carvalho	2010	INF	AAPL	x   v
NM	Margarida Palmeiro	2010	INF	PFC	x   v
DNS	Catarina Cruz	2009	INF	NSCPSX	x   v
DNS	Laura Camolas	2009	INF	PFC	x   v
DNS	Áurea Assucena	2009	INF	QFC	x   v
DNS	Irish Lobo	2010	INF	NDJL-ST	x   v
DNS	Inês Ferreira	2010	INF	SLA	x   v
DNS	Carolina Lopes	2010	INF	GDC	x   v
DNS	Sofia Costa	2009	INF	SLA	x   v

## Dardo (400 g.) - Inf / Fem | INF - F | Dia 1

### Série 1

1	Carolina Cunha	2009	INF	NDJL-ST	15.76
2	Ana Mónica Macedo	2010	INF	QFC	15.21



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3	Maria Craveiro	2010	INF	CPPEA	14.32
4	Lara Silva	2009	INF	QFC	13.68
5	Daniela Gorgueira	2010	INF	CPPEA	11.60
6	Luana Espírito Santo	2010	INF	SLA	11.34
7	Leonor Fernandes	2009	INF	GRQL	11.12
8	Matilde Macheta	2010	INF	QFC	9.96
9	Lara Ribeiro	2009	INF	CDRR	9.66
10	Maria Pascoal	2009	INF	ACDC	8.59
11	Matilde Silva	2010	INF	ADTT	8.41
12	Rita Dos Santos	2010	INF	ADTT	8.37
13	Mónica Fernandes	2010	INF	QFC	8.32
14	Carolina Paiva	2010	INF	CDRR	8.14
15	Gabriela Jesus	2009	INF	CPPEA	8.04
16	Alice Durães	2009	INF	PFC	7.87
17	Matilde Carolino	2010	INF	PFC	7.84
18	Rita Melo	2010	INF	QFC	7.80
19	Ashlee Estevão	2009	INF	GDRV	7.58
20	Carolina Sousa	2009	INF	ACDC	7.52
21	Ariana Peixeiro	2010	INF	QFC	7.33
22	Maria Rito	2010	INF	ADTT	7.03
23	Leonor Bento	2010	INF	QFC	6.98
24	Lara Simões	2010	INF	CPPEA	6.98
25	Sara Silva	2010	INF	QFC	6.93
26	Ema Ramires	2010	INF	QFC	6.48
27	Daniela Sargento	2010	INF	SLA	6.21
28	Diana Miranda	2010	INF	CPPEA	6.06
29	Ana Sofia Santos	2009	INF	CPPEA	5.58
30	Sofia Carvalho	2010	INF	AAPL	5.25
31	Beatriz Paulino	2010	INF	QFC	5.23
32	Bárbara Tavares	2010	INF	AAPL	5.09
33	Gabriela Alves	2009	INF	ADTT	4.82
34	Joana Lopes	2010	INF	QFC	4.40
35	Margarida Palmeiro	2010	INF	PFC	4.40
36	Maria Lobato	2009	INF	CPPEA	4.20
37	Joana Moreiras	2010	INF	CDRR	3.92
38	Nicole Elmer	2010	INF	CPPEA	3.56
39	Catarina Almeida	2010	INF	AAPL	2.53
DNS	Sofia Costa	2009	INF	SLA	x
DNS	Laura Camolas	2009	INF	PFC	x
DNS	Catarina Cruz	2009	INF	NSCPSX	x
DNS	Áurea Assucena	2009	INF	QFC	x
DNS	Irish Lobo	2010	INF	NDJL-ST	x
DNS	Inês Ferreira	2010	INF	SLA	x

#### 1.000 Metros - Inf / Masc | INF - M | Dia 1

##### Série 1

1	Dário Cabral	2009	INF	IND	3:22.22
2	David Lopes	2010	INF	AAPL	3:32.79
3	Francisco Dias	2009	INF	QFC	3:41.67
4	Henrique Lopes	2009	INF	CPPEA	3:45.54
5	Nuno Palmeiro	2009	INF	PFC	3:46.46
6	André Santos	2010	INF	AACC	3:55.69
7	David Vargas	2009	INF	CPPEA	3:57.39
8	Gustavo Neto	2010	INF	ACDC	4:05.92
9	Miguel Caeiro	2010	INF	AAPL	4:19.85
10	Eder Gonçalves	2010	INF	CPV MKED	4:36.75
11	David Dionísio	2010	INF	QFC	4:38.08
12	Simão Mota	2010	INF	SLA	5:58.86
DNS	Diego Soares	2010	INF	CDRR	x
DNF	Luca Ferreira	2010	INF	QFC	x

##### Série 2

1	Leonardo Antunes	2009	INF	PFC	3:22.04
2	Gonçalo Matos	2009	INF	QFC	3:31.51
3	Mateus Amaro	2009	INF	AAPL	3:37.79
4	Martim Lamelas	2010	INF	AACC	3:44.95
5	Flávio Couto	2009	INF	GDRV	3:48.81
6	António Fontes	2009	INF	CPC	3:59.99
7	Martim Morais	2009	INF	AAPL	4:02.86
8	Bruno Amorim	2009	INF	AAPL	4:11.35
9	Álvaro Carrilho	2010	INF	CPPEA	4:12.10
10	Duarte Sestelo	2010	INF	AACC	4:12.74
11	Salvador Cruz	2009	INF	QFC	4:12.85
DNS	Afonso Salvador	2010	INF	AGDAK	x
DNS	Lucas Teixeira	2009	INF	GDRV	x
DNS	Hélio Mendes	2009	INF	CDRR	x

#### 1.000 Metros - Inf / Fem | INF - F | Dia 1

##### Série 1

1	Nicole Elmer	2010	INF	CPPEA	3:44.65
2	Leonor Fernandes	2009	INF	GRQL	3:50.87
3	Rita Melo	2010	INF	QFC	3:53.00
4	Ariana Peixeiro	2010	INF	QFC	3:57.31
5	Carolina Paiva	2010	INF	CDRR	4:02.50
6	Ana Sofia Santos	2009	INF	CPPEA	4:02.82
7	Maria Craveiro	2010	INF	CPPEA	4:03.89
8	Diana Miranda	2010	INF	CPPEA	4:05.74
9	Ema Ramires	2010	INF	QFC	4:07.37
10	Bárbara Tavares	2010	INF	AAPL	4:24.24
11	Gabriela Alves	2009	INF	ADTT	4:26.45
12	Carolina Cunha	2009	INF	NDJL-ST	4:29.71
13	Catarina Cruz	2009	INF	NSCPSX	4:38.41
14	Sofia Carvalho	2010	INF	AAPL	4:39.08
DNS	Irish Lobo	2010	INF	NDJL-ST	x
DNS	Áurea Assucena	2009	INF	QFC	x

##### Série 2

1	Daniela Gorgueira	2010	INF	CPPEA	4:05.30
2	Joana Lopes	2010	INF	QFC	4:05.90
3	Leonor Mira	2009	INF	GDC	4:07.53
4	Sara Silva	2010	INF	QFC	4:21.26
5	Margarida Palmeiro	2010	INF	PFC	4:25.70
6	Maria Lobato	2009	INF	CPPEA	4:30.38
7	Ana Mónica Macedo	2010	INF	QFC	4:36.69
8	Beatriz Paulino	2010	INF	QFC	4:39.65
9	Rita Dos Santos	2010	INF	ADTT	4:40.44
10	Catarina Almeida	2010	INF	AAPL	4:58.62
11	Carolina Sousa	2009	INF	ACDC	5:09.01
12	Daniela Sargento	2010	INF	SLA	5:09.58
DNS	Laura Camolas	2009	INF	PFC	x
DNS	Maria Rito	2010	INF	ADTT	x
DNS	Helena Carromeu	2010	INF	CRDP	x
DNF	Lara Ribeiro	2009	INF	CDRR	x

##### Série 3

1	Maria Pascoal	2009	INF	ACDC	3:37.80
2	Íris Gonçalves	2009	INF	GDC	3:44.20
3	Leonor Bento	2010	INF	QFC	3:57.84
4	Lara Silva	2009	INF	QFC	4:06.43
5	Matilde Carolino	2010	INF	PFC	4:13.82
6	Luana Espírito Santo	2010	INF	SLA	4:19.55
7	Lara Simões	2010	INF	CPPEA	4:20.70



8	Ashlee Estevão	2009	INF	GDRV	4:21.14
9	Joana Moreiras	2010	INF	CDRR	4:31.43
10	Matilde Macheta	2010	INF	QFC	4:37.75
11	Mónica Fernandes	2010	INF	QFC	4:42.48
12	Matilde Silva	2010	INF	ADTT	5:00.59

13	Alice Durães	2009	INF	PFC	5:10.44
14	Gabriela Jesus	2009	INF	CPPEA	5:19.27
DNS	Sofia Costa	2009	INF	SLA	x
DNS	Inês Ferreira	2010	INF	SLA	x



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## Estatística Clubes

Sigla	Nº atletas Masculino	Nº atletas Feminino	Nº atletas Total	Participações Masculino	Participações Feminino	Participações Total
AACC	3	0	3	9	0	9
AAPL	5	3	8	15	9	24
ACDC	1	2	3	3	6	9
ADTT	0	4	4	0	12	12
AGDAK	1	1	2	1	1	2
CDRR	2	3	5	6	9	15
CPC	1	0	1	2	0	2
CPPEA	3	8	11	9	24	33
CRDP	0	1	1	0	1	1
GDC	0	4	4	0	4	4
GDRV	2	1	3	6	3	9
GRQL	0	1	1	0	3	3
IND	1	0	1	1	0	1
MKED	1	0	1	3	0	3
NDJL-ST	0	2	2	0	6	6
NSCPSX	0	1	1	0	3	3
PFC	2	4	6	6	12	18
QFC	5	12	17	15	36	51
SLA	1	4	5	3	12	15
_NaoFederado	-	-	0	-	-	1
_Total	28	51	79	79	141	221



## Estatística Escalão

Escalão	Nº atletas Masculino	Nº atletas Feminino	Nº atletas Total	Participações Masculino	Participações Feminino	Participações Total
INF	28	51	79	79	141	220
_NaoFederado	-	-	0	-	-	1



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## Designação Clubes

Sigla	Nome	Associação
AACC	A A CHARN CAPARICA	Setúbal
AAPL	A ACAD PINHALNOVENSE	Setúbal
ACDC	A C D COTOVIA	Setúbal
ADTT	A D TÁLENTOS TEAM	Setúbal
AGDAK	ASSOCIAÇÃO GDAK	Setúbal
CDRR	C D R RIBEIRINHO	Setúbal
CPC	CASA POVO CORROIOS	Setúbal
CPPEA	CLUBE PEDRO PESSOA	Setúbal
CRDP	C REC DO PENTEADO	Setúbal
GDC	G DESP CAVADAS	Setúbal
GDRV	G D R DA VERDERENA	Setúbal
GRQL	G R QUINTA DA LOMBA	Setúbal
IND	Individual	None
MKED	MONTE KAPA	Setúbal
NDJL-ST	N D JUV LARANJEIRO	Setúbal
NSCPSX	NÚCLEO SCP SEIXAL	Setúbal
PFC	PALMELENSE F C	Setúbal
QFC	QUINTAJENSE F C	Setúbal
SLA	NÚCLEO SCP ALMADA	Setúbal

