



5º Duatlo Técnico Artemiza Sá 2021

Almada - 03/07/2021

DUATLO (Benjamins A / Femininos) | BENJ A - F | Dia 1

DUATLO (Benjamins A / Masculinos) | BENJ A - M | Dia 1

DUATLO (Benjamins B / Femininos) | BENJ B - F | Dia 1

Série 1

1	Daniela Gorgueira	2010	BENJ B	CPPEA	706
2	Irish Lobo	2010	BENJ B	NDJL-ST	516
3	Ana Mónica Macedo	2010	BENJ B	QFC	507
4	Julietta Roma	2011	BENJ B	GDIB	469
5	Daniela Delgado	2010	BENJ B	IND	447
6	Ariana Peixeiro	2010	BENJ B	QFC	429
7	Nicole Elmer	2010	BENJ B	CPPEA	421
8	Carolina Lopes	2010	BENJ B	GDC	419
9	Alicia Filipe	2011	BENJ B	NDJL-ST	417
10	Matilde Macheta	2010	BENJ B	QFC	415
11	Leonor Bento	2010	BENJ B	QFC	404
12	Mariana Santos	2011	BENJ B	ADTT	360
13	Raquel Barrenho	2011	BENJ B	GRQL	358
14	Joana Lopes	2010	BENJ B	QFC	348
15	Beatriz Paulino	2010	BENJ B	QFC	217
16	Inês Algarvio	2010	BENJ B	AGDAK	122

DUATLO (Benjamins B / Masculinos) | BENJ B - M | Dia 1

Série 1

1	Rodrigo Xavier	2010	BENJ B	AACC	296
2	Pedro Leandro	2010	BENJ B	GDC	271
3	André Santos	2010	BENJ B	AACC	258
4	Martim Lamelas	2010	BENJ B	AACC	255
5	Francisco Sanches	2011	BENJ B	CPPEA	253
6	Vasco Rosa	2011	BENJ B	CPPEA	226
7	Fábio Mosso	2011	BENJ B	GDIB	208
8	Miguel Bastos	2011	BENJ B	CBSEIXAL	187
9	Dinis Monteiro	2010	BENJ B	AACC	141
10	Eder Gonçalves	2010	BENJ B	CPV MKED	113
11	Dinis Santos	2010	BENJ B	AACC	101
12	Rafael Leal	2011	BENJ B	GDIB	98.00
13	Miguel Do Vale	2011	BENJ B	ACDC	96.00
14	David Dionísio	2010	BENJ B	QFC	93.00
15	Álvaro Carrilho	2010	BENJ B	CPPEA	84.00
16	Dinis Bernardo	2011	BENJ B	GDIB	38.00
17	Isaías Jorge	2011	BENJ B	AGDAK	16.00
18	Diogo Afonso	2011	BENJ B	AGDAK	13.00

DUATLO (Infantis / Femininos) | INF - F | Dia 1

Série 1

1	Beatriz Sobral	2008	INF	NDJL-ST	977
2	Sara Lopes	2009	INF	AGDAK	878
3	Leonor Afonso	2008	INF	QFC	836
4	Beatriz Pinhal	2008	INF	ACDC	835
5	Francisca Galante	2008	INF	PFC	815
6	Eulália Borges	2008	INF	GRQL	771
7	Lara Barroso	2008	INF	CPPEA	757
8	Matilde José	2008	INF	GDC	632
9	Constança Dias	2009	INF	CPPEA	614
10	Matilde Guerreiro	2008	INF	CPPEA	612
11	Camila Fonseca	2008	INF	AACC	604

12	Leonor Esteves	2008	INF	ACDC	600
13	Carolina Sousa	2009	INF	ACDC	578
14	Maiara Lemos	2009	INF	MKED	519
15	Lara Silva	2009	INF	QFC	516
16	Inês Cunha	2008	INF	ACDC	495
17	Laura Bate	2008	INF	QFC	490
18	Marta Santos	2008	INF	ACDC	475
19	Ana Sofia Santos	2009	INF	CPPEA	415

DUATLO (Infantis / Masculinos) | INF - M | Dia 1

Série 1

1	Gil Pinto	2008	INF	NDJL-ST	834
2	Afonso Santos	2009	INF	ADTT	623
3	Rafael Santos	2009	INF	QFC	551
4	António Fontes	2009	INF	CPC	444
5	Miguel Tiago	2008	INF	CPPEA	397
6	Fábio Gonçalves	2008	INF	QFC	342
7	Miguel Gonçalves	2008	INF	QFC	324
8	Rodrigo Baptista	2008	INF	CPPEA	313
9	Leo Dias	2009	INF	AACC	298
10	Filipe Anselmo	2009	INF	GDIB	284
11	Dinis Santos	2009	INF	ADTT	241
12	Francisco Sanches	2011	BENJ B	CPPEA	145
13	Pedro Leandro	2010	BENJ B	GDC	95.00
14	Vasco Rosa	2011	BENJ B	CPPEA	54.00
15	João Brito	2010	BENJ B	QFC	6.00
16	Isaías Jorge	2011	BENJ B	AGDAK	0.00

DUATLO (Iniciados / Femininos) | INI - F | Dia 1

Série 1

1	Melissa Mendes	2006	INI	MKED	1194
2	Nicole Lima	2006	INI	CPV GDC	1018
3	Sara Athayde	2006	INI	AACC	887
4	Catarina Varandinhas	2006	INI	CPPEA	886
5	Vivian Mendes	2007	INI	GDC	833
6	Sara Camolas	2007	INI	PFC	821
7	Luna Dias	2007	INI	AACC	816
8	Joana Silva	2006	INI	AACC	809
9	Luana Resendes	2006	INI	CPPEA	801
10	Madalena Simões	2007	INI	CPC	743
11	Rita Martins	2007	INI	CPPEA	743
12	Maria Camolas	2007	INI	PFC	716
13	Beatriz Vicente	2006	INI	CPPEA	707
14	Michelle Elmer	2007	INI	CPPEA	683
15	Joana Tomé	2006	INI	AACC	667
16	Silvana Moreira	2006	INI	MKED	659
17	Joana Rosa	2007	INI	CPPEA	615
18	Carolina Algarvio	2006	INI	AGDAK	564
19	Marta Rodrigues	2007	INI	PFC	558
20	Ana Sofia Silva	2007	INI	PFC	538
21	Marta Fidalgo	2006	INI	ACDC	518
22	Catarina Cunha Rêgo	2007	INI	QFC	502
23	Raquel Jorge	2006	INI	AGDAK	421
24	Jéssica Silva	2007	INI	MKED	399



DUATLO (Iniciados / Masculinos) | INI - M | Dia 1**Série 1**

1	Matteo Scorcella	2006	INI	QFC	1097
2	Sergey Asyanin	2006	INI	CPC	925
3	Gabriel Simas	2006	INI	CPPEA	917
4	Gabriel Oliveira	2006	INI	GDC	916
5	Tiago Machado	2006	INI	CPPEA	886
6	Rafael Alves	2006	INI	GDIB	736
7	Afonso Da Silva	2006	INI	ACDC	664
8	Fábio Santos	2007	INI	AACC	429
9	Rafael Domingues	2007	INI	CPPEA	365
10	Ângelo Ribeiro	2007	INI	MKED	35.00

DUATLO (Juvenis / Femininos) | JUV - F | Dia 1**Série 1**

1	Eliane Barros	2005	JUV	AASX	1053
2	Carolina Seleiro	2005	JUV	CPPEA	974
3	Sofia Martins	2005	JUV	CPPEA	971
4	Maria Heloísa Santos	2005	JUV	GDRV	910
5	Maria Lança	2005	JUV	NDJL-ST	890
6	Raquel Conceição	2005	JUV	AACC	857
7	Sofia Salgueiro	2004	JUV	QFC	753
8	Leandra Veiga	2005	JUV	MKED	717
9	Cristiane Andrade	2004	JUV	AGDAK	711
10	Márcia Matos	2005	JUV	QFC	594
11	Carolina Domingues	2005	JUV	CPPEA	423

DUATLO (Juvenis / Masculinos) | JUV - M | Dia 1**Série 1**

1	Martim Estanislau	2004	JUV	VFC	1361
2	Rodrigo Russo	2005	JUV	ADTT	1277
3	Rafael Spencer	2004	JUV	MKED	1157
4	Ruben Silva	2004	JUV	AACC	1156
5	Leonardo Silva	2004	JUV	MKED	1099
6	Rafael Sá	2005	JUV	AGDAK	1002
7	Salú Seidi	2005	JUV	AGDAK	993
8	Eduardo Dórdio	2005	JUV	AGDAK	885
9	Pedro Ilhorca	2005	JUV	CPPEA	833
10	Cláudio Revés	2005	JUV	AACC	825
11	Mateus Oliveira	2005	JUV	BRA AACC	822
12	Gustavo Anselmo	2005	JUV	GDIB	813
13	Hugo Pacheco	2005	JUV	GDIB	797
14	Gaspar Fonseca	2004	JUV	AACC	633
15	Diogo Santos	2005	JUV	ACDC	275

DUATLO (Juniões / Femininos) | JUN - F | Dia 1**Série 1**

1	Inês Diogo	2002	JUN	NDJL-ST	1109
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DUATLO (Juniões / Masculinos) | JUN - M | Dia 1**Série 1**

1	João Oliveira	2002	JUN	NDJL-ST	1427
2	Márcio Horta	2002	JUN	NDJL-ST	1372
3	Nuno Cidade Do Carmo	2002	JUN	CPPEA	1189
4	Tiago Alves	2002	JUN	AGDAK	1078

60 metros - Inf. / Fem. | INF - F | Dia 1**Série 1 v = -2.2**

1	Eulália Borges	2008	INF	GRQL	9.00	566
2	Sara Lopes	2009	INF	AGDAK	9.55	433

3	Matilde José	2008	INF	GDC	9.60	422
4	Marta Santos	2008	INF	ACDC	10.15	306
5	Carolina Sousa	2009	INF	ACDC	10.36	267
DNS	Beatriz Carujo	2009	INF	CPPEA	x	

Série 2 v = -1.9

1	Matilde Guerreiro	2008	INF	CPPEA	9.55	433
2	Constança Dias	2009	INF	CPPEA	10.10	316
3	Laura Bate	2008	INF	QFC	10.12	312
4	Camila Fonseca	2008	INF	AACC	10.23	291
5	Ana Sofia Santos	2009	INF	CPPEA	10.32	274
DNS	Iara Vacondeus	2008	INF	AGDAK	x	

Série 3 v = -0.7

1	Lara Barroso	2008	INF	CPPEA	9.69	402
2	Maiara Lemos	2009	INF	MKED	10.16	304
3	Inês Cunha	2008	INF	ACDC	10.22	293
4	Lara Silva	2009	INF	QFC	10.60	224
DNS	Maria Miguel Morgado	2009	INF	CPPEA	x	
DNS	Filipa Chainho	2008	INF	CPPEA	x	

Série 4 v = +0.9

1	Leonor Afonso	2008	INF	QFC	9.10	541
2	Francisca Galante	2008	INF	PFC	9.21	513
3	Beatriz Sobral	2008	INF	NDJL-ST	9.30	492
4	Beatriz Pinhal	2008	INF	ACDC	9.38	472
5	Leonor Esteves	2008	INF	ACDC	10.24	289

Comprimento - Inic./Masc. | INI - M | Dia 1**Série 1**

1	Matteo Scorcella	2006	INI	QFC	5.73 v 1.30	529
2	Gabriel Oliveira	2006	INI	GDC	5.65 v 2.30	512
3	Gabriel Simas	2006	INI	CPPEA	5.39 v 2.30	459
4	Sergey Asyanin	2006	INI	CPC	5.31 v 0.10	443
5	Tiago Machado	2006	INI	CPPEA	4.96 v 0.90	375
6	Afonso Da Silva	2006	INI	ACDC	4.75 v 0.20	335
7	Rafael Alves	2006	INI	GDIB	4.43 v 2.80	278
8	Fábio Santos	2007	INI	AACC	4.06 v 2.40	215
9	Rafael Domingues	2007	INI	CPPEA	3.86 v 2.00	184
10	Ângelo Ribeiro	2007	INI	MKED	2.71 v -0.2	35
DNS	João Lourenço	2006	INI	AGDAK	x v	
DNS	Tomás Mação	2007	INI	CPPEA	x v	
DNS	Ibrahim Ly	2007	INI	MKED	x v	
DNS	Tomás Costa	2006	INI	GDIB	x v	

Peso 3 Kg - Inic. / Fem. | INI - F | Dia 1**Série 1**

1	Melissa Mendes	2006	INI	MKED	9.21	478
2	Nicole Lima	2006	INI	CPV GDC	8.71	445
3	Silvana Moreira	2006	INI	MKED	8.41	426
4	Michelle Elmer	2007	INI	CPPEA	7.84	389
5	Raquel Jorge	2006	INI	AGDAK	6.81	323
6	Beatriz Vicente	2006	INI	CPPEA	6.57	308
7	Joana Silva	2006	INI	AACC	6.33	292
8	Sara Camolas	2007	INI	PFC	6.04	274
9	Luna Dias	2007	INI	AACC	6.04	274
10	Luana Resendes	2006	INI	CPPEA	5.93	267
11	Joana Tomé	2006	INI	AACC	5.88	264
12	Vivian Mendes	2007	INI	GDC	5.85	262
13	Maria Camolas	2007	INI	PFC	5.76	256
14	Madalena Simões	2007	INI	CPC	5.46	237



15	Sara Athayde	2006	INI	AACC	5.45	237
16	Catarina Varandinhas	2006	INI	CPPEA	5.31	228
17	Marta Rodrigues	2007	INI	PFC	5.14	217
18	Ana Sofia Silva	2007	INI	PFC	5.11	215
19	Rita Martins	2007	INI	CPPEA	4.95	205
20	Carolina Algarvio	2006	INI	AGDAK	4.88	201
21	Marta Fidalgo	2006	INI	ACDC	4.77	194
22	Joana Rosa	2007	INI	CPPEA	4.60	183
23	Jéssica Silva	2007	INI	MKED	4.45	174
24	Catarina Cunha Rêgo	2007	INI	QFC	4.01	147
DNS	Soraia Boieiro	2007	INI	CPPEA	x	
DNS	Matilde Morgado	2007	INI	CPPEA	x	

60 metros - Inf. / Masc. | INF - M | Dia 1

Série 1 v = -1.3

1	Afonso Santos	2009	INF	ADTT	8.84	340
2	Rafael Santos	2009	INF	QFC	8.86	336
3	António Fontes	2009	INF	CPC	9.30	241
4	Filipe Anselmo	2009	INF	GDIB	9.51	201
5	Leo Dias	2009	INF	AACC	9.67	173

Série 2 v = -1.9

1	Gil Pinto	2008	INF	NDJL-ST	8.17	511
2	Miguel Tiago	2008	INF	CPPEA	9.54	196
3	Miguel Gonçalves	2008	INF	QFC	9.69	169
DNS	Gustavo Marques	2008	INF	GDIB	x	
DNS	Francisco Pombo	2008	INF	CPPEA	x	

Série 3 v = -2.2

1	Fábio Gonçalves	2008	INF	QFC	9.64	178
2	Dinis Santos	2009	INF	ADTT	9.73	163
3	Rodrigo Baptista	2008	INF	CPPEA	9.87	140
DNS	Guilherme Gomes	2009	INF	MKED	x	

Série 4 v = -4.0 (Manual)

1	Francisco Sanches	2011	BENJ B	CPPEA	9.84	145
2	Pedro Leandro	2010	BENJ B	GDC	10.18	95
3	Vasco Rosa	2011	BENJ B	CPPEA	10.53	54
4	João Brito	2010	BENJ B	QFC	11.19	6
5	Isaias Jorge	2011	BENJ B	AGDAK	11.71	0
DNS	David Dionísio	2010	BENJ B	QFC	x	

Peso 2 Kg - Inf. / Fem. | INF - F | Dia 1

Série 1

1	Beatriz Sobral	2008	INF	NDJL-ST	9.32	485
2	Sara Lopes	2009	INF	AGDAK	8.70	445
3	Beatriz Pinhal	2008	INF	ACDC	7.43	363
4	Lara Barroso	2008	INF	CPPEA	7.31	355
5	Camila Fonseca	2008	INF	AACC	6.66	313
6	Carolina Sousa	2009	INF	ACDC	6.63	311
7	Leonor Esteves	2008	INF	ACDC	6.62	311
8	Francisca Galante	2008	INF	PFC	6.48	302
9	Constança Dias	2009	INF	CPPEA	6.42	298
10	Leonor Afonso	2008	INF	QFC	6.38	295
11	Lara Silva	2009	INF	QFC	6.33	292
12	Maiara Lemos	2009	INF	MKED	5.10	215
13	Matilde José	2008	INF	GDC	5.03	210
14	Eulália Borges	2008	INF	GRQL	4.95	205
15	Inês Cunha	2008	INF	ACDC	4.90	202
16	Matilde Guerreiro	2008	INF	CPPEA	4.53	179
17	Laura Bate	2008	INF	QFC	4.51	178

18	Marta Santos	2008	INF	ACDC	4.37	169
19	Ana Sofia Santos	2009	INF	CPPEA	3.91	141
DNS	Iara Vacondeus	2008	INF	AGDAK	x	
DNS	Beatriz Carujo	2009	INF	CPPEA	x	
DNS	Maria Miguel Morgado	2009	INF	CPPEA	x	
DNS	Filipa Chainho	2008	INF	CPPEA	x	

100 metros - Juv. / Masc. | JUV - M | Dia 1

Série 1 v = -0.4

1	Rodrigo Russo	2005	JUV	ADTT	11.79	693
2	Rafael Spencer	2004	JUV	MKED	12.05	641
3	Leonardo Silva	2004	JUV	MKED	12.27	599
4	Pedro Ilhorca	2005	JUV	CPPEA	13.11	449
5	Gaspar Fonseca	2004	JUV	AACC	13.97	316

Série 2 v = -1.1

1	Rafael Sá	2005	JUV	AGDAK	12.56	545
2	Eduardo Dórdio	2005	JUV	AGDAK	13.24	428
3	Gustavo Anselmo	2005	JUV	GDIB	13.40	402
4	Hugo Pacheco	2005	JUV	GDIB	13.58	374
DNS	Diogo Neves	2005	JUV	GDIB	x	
DNS	Guilherme Ribeiro	2004	JUV	AGDAK	x	

Série 3 v = -2.4

1	Martim Estanislau	2004	JUV	VFC	11.52	748
2	Ruben Silva	2004	JUV	AACC	12.10	631
3	Saliu Seidi	2005	JUV	AGDAK	12.71	518
4	Cláudio Revés	2005	JUV	AACC	12.88	488
5	Mateus Oliveira	2005	JUV	BRA AACC	12.90	485
6	Diogo Santos	2005	JUV	ACDC	15.61	123

100 metros - Jun. / Masc. | JUN - M | Dia 1

Série 1 v = -2.5

1	João Oliveira	2002	JUN	NDJL-ST	11.61	730
2	Márcio Horta	2002	JUN	NDJL-ST	11.86	679
3	Nuno Cidade Do Carmo	2002	JUN	CPPEA	12.17	618
4	Tiago Alves	2002	JUN	AGDAK	12.39	576
DNS	Ricardo Mataloto	2002	JUN	AGDAK	x	

100 metros - Juv. / Fem. | JUV - F | Dia 1

Série 1 v = -2.0

1	Maria Heloísa Santos	2005	JUV	GDRV	14.27	563
2	Leandra Veiga	2005	JUV	MKED	16.07	320
DNS	Dânia Gonçalves	2005	JUV	MKED	x	
DNS	Alzira Gomes	2005	JUV	MKED	x	

Série 2 v = -0.6

1	Sofia Martins	2005	JUV	CPPEA	13.73	647
2	Eliane Barros	2005	JUV	AASX	13.79	637
3	Sofia Salgueiro	2004	JUV	QFC	14.46	534
4	Márcia Matos	2005	JUV	QFC	15.79	354
5	Carolina Domingues	2005	JUV	CPPEA	16.90	229

Série 3 v = -2.4

1	Maria Lança	2005	JUV	NDJL-ST	13.78	639
2	Carolina Seleiro	2005	JUV	CPPEA	14.01	602
3	Raquel Conceição	2005	JUV	AACC	14.60	514
4	Cristiane Andrade	2004	JUV	AGDAK	15.39	404
DNS	Rafaela Pereira	2005	JUV	AGDAK	x	



100 metros - Jun. / Fem. | JUN - F | Dia 1**Série 1 v = -0.7**

1	Inês Diogo	2002 JUN	NDJL-ST	14.22	570
DNS	Ana Carrasqueiro	2003 JUN	MKED		x
DNS	Joaquina Mendes	2002 JUN	MKED		x

80 metros - Inic. / Masc. | INI - M | Dia 1**Série 1 v = -2.7**

1	Matteo Scorcella	2006 INI	QFC	10.26	568
2	Rafael Alves	2006 INI	GDIB	10.79	458
3	Afonso Da Silva	2006 INI	ACDC	11.49	329
4	Rafael Domingues	2007 INI	CPPEA	12.48	181
DNS	João Lourenço	2006 INI	AGDAK		x

Série 2 v = -2.5

1	Sergey Asyanin	2006 INI	CPC	10.67	482
2	Gabriel Simas	2006 INI	CPPEA	10.79	458
3	Gabriel Oliveira	2006 INI	GDC	11.07	404
4	Ângelo Ribeiro	2007 INI	MKED	15.30	0
99999	Ibrahim Ly	2007 INI	MKED		x

Série 3 v = -1.6

1	Tiago Machado	2006 INI	CPPEA	10.53	511
2	Fábio Santos	2007 INI	AACC	12.23	214
DNS	Tomás Costa	2006 INI	GDIB		x
DNS	Tomás Mação	2007 INI	CPPEA		x

Comprimento - Inf./Masc. | INF - M | Dia 1**Série 1**

1	Gil Pinto	2008 INF	NDJL-ST	4.68 v	323
2	Afonso Santos	2009 INF	ADTT	4.46 v	283
3	Rafael Santos	2009 INF	QFC	4.06 v	215
4	António Fontes	2009 INF	CPC	3.98 v	203
5	Miguel Tiago	2008 INF	CPPEA	3.97 v	201
6	Rodrigo Baptista	2008 INF	CPPEA	3.79 v	173
7	Fábio Gonçalves	2008 INF	QFC	3.73 v	164
8	Miguel Gonçalves	2008 INF	QFC	3.67 v	155
9	Leo Dias	2009 INF	AACC	3.46 v	125
10	Filipe Anselmo	2009 INF	GDIB	3.14 v	83
11	Dinis Santos	2009 INF	ADTT	3.10 v	78
DNS	Francisco Pombo	2008 INF	CPPEA		x v
DNS	Guilherme Gomes	2009 INF	MKED		x v
DNS	Gustavo Marques	2008 INF	GDIB		x v

80 metros - Inic. / Fem. | INI - F | Dia 1**Série 1**

1	Nicole Lima	2006 INI	CPV GDC	11.53	573
2	Luana Resendes	2006 INI	CPPEA	11.73	534
3	Carolina Algarvio	2006 INI	AGDAK	12.70	363
4	Michelle Elmer	2007 INI	CPPEA	13.15	294
5	Raquel Jorge	2006 INI	AGDAK	14.81	98
DNS	Soraia Boeiro	2007 INI	CPPEA		x

Série 2 v = -1.2

1	Melissa Mendes	2006 INI	MKED	10.84	716
2	Catarina Varandinhas	2006 INI	CPPEA	11.11	658
3	Sara Athayde	2006 INI	AACC	11.15	650
4	Sara Camolas	2007 INI	PFC	11.66	547
5	Luna Dias	2007 INI	AACC	11.69	542
DNS	Matilde Morgado	2007 INI	CPPEA		x

Série 3 v = -2.0

1	Vivian Mendes	2007 INI	GDC	11.54	571
2	Maria Camolas	2007 INI	PFC	12.13	460
3	Joana Rosa	2007 INI	CPPEA	12.29	432
4	Joana Tomé	2006 INI	AACC	12.46	403
5	Beatriz Vicente	2006 INI	CPPEA	12.48	399
6	Ana Sofia Silva	2007 INI	PFC	12.96	323

Série 4 v = -3.0

1	Madalena Simões	2007 INI	CPC	11.88	506
2	Marta Rodrigues	2007 INI	PFC	12.84	341
3	Marta Fidalgo	2006 INI	ACDC	12.95	324
4	Jéssica Silva	2007 INI	MKED	13.65	225

Série 5 v = -0.7

1	Rita Martins	2007 INI	CPPEA	11.71	538
2	Joana Silva	2006 INI	AACC	11.82	517
3	Catarina Cunha Rêgo	2007 INI	QFC	12.75	355
4	Silvana Moreira	2006 INI	MKED	13.59	233

Comprimento - Juv./Masc. | JUV - M | Dia 1**Série 1**

1	Martim Estanislau	2004 JUV	VFC	6.12 v 2.70	613
2	Rodrigo Russo	2005 JUV	ADTT	5.99 v 0.70	584
3	Ruben Silva	2004 JUV	AACC	5.71 v 1.30	525
4	Rafael Spencer	2004 JUV	MKED	5.67 v 1.10	516
5	Leonardo Silva	2004 JUV	MKED	5.59 v 1.30	500
6	Saliu Seidi	2005 JUV	AGDAK	5.47 v 3.10	475
7	Eduardo Dórdio	2005 JUV	AGDAK	5.38 v 1.90	457
8	Rafael Sá	2005 JUV	AGDAK	5.38 v 3.40	457
9	Hugo Pacheco	2005 JUV	GDIB	5.21 v 2.10	423
10	Gustavo Anselmo	2005 JUV	GDIB	5.15 v 1.40	411
11	Pedro Ilhorca	2005 JUV	CPPEA	5.01 v 3.30	384
12	Cláudio Revés	2005 JUV	AACC	4.76 v 3.50	337
13	Mateus Oliveira	2005 JUV	BRA AACC	4.76 v 3.00	337
14	Gaspar Fonseca	2004 JUV	AACC	4.65 v 1.90	317
15	Diogo Santos	2005 JUV	ACDC	3.65 v 2.20	152
DNS	Diogo Neves	2005 JUV	GDIB		x v
DNS	Guilherme Ribeiro	2004 JUV	AGDAK		x v

Comprimento - Jun./Masc. | JUN - M | Dia 1**Série 1**

1	João Oliveira	2002 JUN	NDJL-ST	6.50 v 1.00	697
2	Márcio Horta	2002 JUN	NDJL-ST	6.48 v 3.60	693
3	Nuno Cidade Do Carmo	2002 JUN	CPPEA	5.93 v 1.60	571
4	Tiago Alves	2002 JUN	AGDAK	5.60 v 2.40	502
DNS	Ricardo Mataloto	2002 JUN	AGDAK		x v

Peso 3 Kg - Juv. / Fem. | JUV - F | Dia 1**Série 1**

1	Eliane Barros	2005 JUV	AASX	8.26	416
2	Leandra Veiga	2005 JUV	MKED	7.97	397
3	Carolina Seleiro	2005 JUV	CPPEA	7.58	372
4	Maria Heloísa Santos	2005 JUV	GDRV	7.18	347
5	Raquel Conceição	2005 JUV	AACC	7.12	343
6	Sofia Martins	2005 JUV	CPPEA	6.83	324
7	Cristiane Andrade	2004 JUV	AGDAK	6.56	307
8	Maria Lança	2005 JUV	NDJL-ST	5.68	251
9	Márcia Matos	2005 JUV	QFC	5.50	240
10	Sofia Salgueiro	2004 JUV	QFC	5.17	219
11	Carolina Domingues	2005 JUV	CPPEA	4.78	194



DNS	Rafaela Pereira	2005	JUV	AGDAK	x
DNS	Dânia Gonçalves	2005	JUV	MKED	x
DNS	Alzira Gomes	2005	JUV	MKED	x

Peso 4 Kg - Jun. / Fem. | JUN - F | Dia 1

Série 1

1	Inês Diogo	2002	JUN	NDJL-ST	10.14	539
DNS	Ana Carrasqueiro	2003	JUN	MKED	x	
DNS	Joaquina Mendes	2002	JUN	MKED	x	

60 metros - Benj. B / Masc. | BENJ B - M | Dia 1

Série 1 v = -2.9

1	Francisco Sanches	2011	BENJ B	CPPEA	9.76	158
2	Pedro Leandro	2010	BENJ B	GDC	10.05	113
3	Fábio Mosso	2011	BENJ B	GDIB	10.08	109
4	Isaías Jorge	2011	BENJ B	AGDAK	11.50	0
5	Daniel Santos	2011	BENJ B	AGDAK	13.28	0

Série 2 v = -0.6

1	Miguel Bastos	2011	BENJ B	CBSEIXAL	10.10	106
2	Miguel Do Vale	2011	BENJ B	ACDC	10.88	24
3	Bruno Garcia	2011	BENJ B	ACDC	11.49	0
DNS	Diogo Fernandes	2011	BENJ B	GDIB	x	
DNS	Rodrigo Ferreira	2010	BENJ B	CPPEA	x	

Série 3 v = -1.8

1	Rodrigo Xavier	2010	BENJ B	AACC	9.79	153
2	Vasco Rosa	2011	BENJ B	CPPEA	10.03	116
DNS	Gustavo Neto	2010	BENJ B	ACDC	x	
DNS	Maxime Gomes	2011	BENJ B	MKED	x	
DNS	Christian Gomes	2011	BENJ B	MKED	x	

Série 4 v = -1.4

1	André Santos	2010	BENJ B	AACC	9.77	156
2	Eder Gonçalves	2010	BENJ B	CPV MKED	10.33	77
3	Álvaro Carrilho	2010	BENJ B	CPPEA	10.49	59
4	Dinis Santos	2010	BENJ B	AACC	10.86	25
5	Diogo Afonso	2011	BENJ B	AGDAK	12.02	0

Série 5 v = -2.3

1	Martim Lamelas	2010	BENJ B	AACC	9.71	166
2	Dinis Monteiro	2010	BENJ B	AACC	10.43	65
3	Rafael Leal	2011	BENJ B	GDIB	10.46	62
4	David Dionísio	2010	BENJ B	QFC	10.87	25
5	Dinis Bernardo	2011	BENJ B	GDIB	11.25	4
DNS	Guilherme Vargas	2011	BENJ B	AGDAK	x	

60 metros - Benj. B / Fem. | BENJ B - F | Dia 1

Série 1 v = -2.6

1	Joana Lopes	2010	BENJ B	QFC	9.94	348
2	Daniela Delgado	2010	BENJ B	IND	10.04	328
3	Nicole Elmer	2010	BENJ B	CPPEA	10.23	291
4	Raquel Barrenho	2011	BENJ B	GRQL	10.32	274
5	Mariana Santos	2011	BENJ B	ADTT	10.45	250
DNS	Ana Sobral	2011	BENJ B	QFC	x	

Série 2 v = -1.4

1	Julieta Roma	2011	BENJ B	GDIB	9.82	374
2	Ana Mónica Macedo	2010	BENJ B	QFC	9.86	365
3	Carolina Lopes	2010	BENJ B	GDC	9.99	338
4	Matilde Macheta	2010	BENJ B	QFC	10.13	310

5	Ariana Peixeiro	2010	BENJ B	QFC	10.34	270
DNS	Rita Mação	2011	BENJ B	CPPEA	x	

Série 3 v = -1.6

1	Daniela Gorgueira	2010	BENJ B	CPPEA	9.44	458
2	Irish Lobo	2010	BENJ B	NDJL-ST	10.01	334
3	Leonor Bento	2010	BENJ B	QFC	10.27	283
4	Álícia Filipe	2011	BENJ B	NDJL-ST	10.48	245
5	Beatriz Paulino	2010	BENJ B	QFC	10.93	171
6	Inês Algarvio	2010	BENJ B	AGDAK	11.74	70

Comprimento - Benj. B/Masc. | BENJ B - M | Dia 1

Série 1

1	Pedro Leandro	2010	BENJ B	GDC	3.69 v	158
2	Rodrigo Xavier	2010	BENJ B	AACC	3.59 v	143
3	Vasco Rosa	2011	BENJ B	CPPEA	3.35 v	110
4	André Santos	2010	BENJ B	AACC	3.29 v	102
5	Fábio Mosso	2011	BENJ B	GDIB	3.27 v	99
6	Francisco Sanches	2011	BENJ B	CPPEA	3.24 v	95
7	Martim Lamelas	2010	BENJ B	AACC	3.19 v	89
8	Miguel Bastos	2011	BENJ B	CBSEIXAL	3.13 v	81
9	Dinis Monteiro	2010	BENJ B	AACC	3.09 v	76
10	Dinis Santos	2010	BENJ B	AACC	3.09 v	76
11	Miguel Do Vale	2011	BENJ B	ACDC	3.05 v	72
12	David Dionísio	2010	BENJ B	QFC	3.02 v	68
13	Eder Gonçalves	2010	BENJ B	CPV MKED	2.72 v	36
14	Rafael Leal	2011	BENJ B	GDIB	2.72 v	36
15	Dinis Bernardo	2011	BENJ B	GDIB	2.70 v	34
16	Álvaro Carrilho	2010	BENJ B	CPPEA	2.61 v	25
17	Isaías Jorge	2011	BENJ B	AGDAK	2.49 v	16
18	Diogo Afonso	2011	BENJ B	AGDAK	2.45 v	13
19	Bruno Garcia	2011	BENJ B	ACDC	2.22 v	0
20	Daniel Santos	2011	BENJ B	AGDAK	1.53 (0) v	
DNS	Maxime Gomes	2011	BENJ B	MKED	x v	
DNS	Guilherme Vargas	2011	BENJ B	AGDAK	x v	
DNS	Christian Gomes	2011	BENJ B	MKED	x v	
DNS	Gustavo Neto	2010	BENJ B	ACDC	x v	
DNS	Rodrigo Ferreira	2010	BENJ B	CPPEA	x v	
DNS	Diogo Fernandes	2011	BENJ B	GDIB	x v	

50 metros - Benj. A / Masc. | BENJ A - M | Dia 1

Série 1 v = -2.0

1	Ricardo Correia	2012	BENJ A	ACDC	8.70	
2	Afonso Pinto Piedade	2013	BENJ A	ACDC	10.25	
3	David Cardeiro	2015	BENJ A	ACDC	10.38	
4	Rafael Agostinho	2012	BENJ A	AGDAK	12.52	
5	Kevin Agostinho	2015	BENJ A	AGDAK	20.31	
DNS	Gabriel Leão	2013	BENJ A	BRA MKED	x	

Série 2 v = -3.0

1	Kelvin Borges	2012	BENJ A	CPV MKED	8.70	
2	João Dinis Dias	2013	BENJ A	PFC	10.60	
3	Santiago Jorge	2013	BENJ A	AGDAK	10.63	
4	Rafael Cardeiro	2012	BENJ A	ACDC	10.88	
DNS	Guilherme Leão	2013	BENJ A	BRA MKED	x	
DNS	Martim Ambriz	2013	BENJ A	MKED	x	

Série 3 v = -2.9

1	Vasco Rodrigues	2012	BENJ A	ACDC	9.43	
2	Tiago Baptista	2013	BENJ A	CPPEA	10.58	
3	Mateus Pinto	2013	BENJ A	AACC	11.01	



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021

DNS	Diego Alves	2013	BENJ A	MKED	x
DNS	Gonçalo Gomes	2012	BENJ A	MKED	x
DNS	Afonso Tavares	2012	BENJ A	NDJL-ST	x

50 metros - Benj. A / Fem. | BENJ A - F | Dia 1

Série 1 v = -1.8

1	Letícia Monteiro	2012	BENJ A	AGDAK	10.13
2	Inês Macovela	2013	BENJ A	MKED	10.97
3	Marta Freitas	2014	BENJ A	AGDAK	11.23
4	Maria João Simas	2013	BENJ A	CPPEA	11.84
DNS	Luz Falcato	2012	BENJ A	PFC	x

Série 2 v = -3.1

1	Laura Leandro	2013	BENJ A	GDC	9.58
2	Leonor Grave	2012	BENJ A	ADTT	10.03
3	Teresa Silva	2013	BENJ A	AACC	10.62
4	Leonor Santos	2014	BENJ A	AGDAK	11.40
DNS	Raissa Monteiro	2012	BENJ A	MKED	x

Série 3 v = -1.0

1	Júlia Barateiro	2012	BENJ A	CPPEA	9.28
2	Rafaela Silva	2013	BENJ A	GRQL	9.63
3	Maria Luís Galante	2012	BENJ A	PFC	10.03
4	Inês Bate	2012	BENJ A	QFC	10.11
5	Margarida Correia	2012	BENJ A	AGDAK	10.80

Série 4 v = -1.6

1	Carolina Monteiro	2013	BENJ A	AGDAK	9.78
2	Lara Freitas	2012	BENJ A	AGDAK	10.78
3	Matilde Pinhal	2014	BENJ A	ACDC	10.91
4	Marina Monte	2014	BENJ A	AGDAK	11.19

Comprimento - Benj. B/Fem. | BENJ B - F | Dia 1

Série 1

1	Daniela Gorgueira	2010	BENJ B	CPPEA	3.73 v	248
2	Irish Lobo	2010	BENJ B	NDJL-ST	3.41 v	182
3	Alícia Filipe	2011	BENJ B	NDJL-ST	3.36 v	172
4	Ariana Peixeiro	2010	BENJ B	QFC	3.29 v	159
5	Ana Mónica Macedo	2010	BENJ B	QFC	3.20 v	142
6	Nicole Elmer	2010	BENJ B	CPPEA	3.13 v	130
7	Leonor Bento	2010	BENJ B	QFC	3.08 v	121
8	Daniela Delgado	2010	BENJ B	IND	3.07 v	119
9	Mariana Santos	2011	BENJ B	ADTT	3.02 v	110
10	Matilde Macheta	2010	BENJ B	QFC	2.99 v	105
11	Julietta Roma	2011	BENJ B	GDIB	2.93 v	95
12	Raquel Barrenho	2011	BENJ B	GRQL	2.86 v	84
13	Carolina Lopes	2010	BENJ B	GDC	2.84 v	81
14	Inês Algarvio	2010	BENJ B	AGDAK	2.64 v	52
15	Beatriz Paulino	2010	BENJ B	QFC	2.60 v	46
16	Joana Lopes	2010	BENJ B	QFC	2.13 v	0
DNS	Ana Sobral	2011	BENJ B	QFC	x v	
DNS	Rita Mação	2011	BENJ B	CPPEA	x v	

Comprimento - Benj. A/Masc. | BENJ A - M | Dia 1

Comprimento - Benj. A/Fem. | BENJ A - F | Dia 1

110 Barreiras (0.91) - M - (Extra) | INI a JUV - M | Dia 1

Série 1 v = -2.9

1	Rafael Spencer	2004	JUV	MKED	16.18
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100 metros - F - (extra) | INI a JUV - F | Dia 1



Estatística Clubes

Sigla	Nº atletas Masculino	Nº atletas Feminino	Nº atletas Total	Participações Masculino	Participações Feminino	Participações Total
AACC	12	7	19	34	19	53
AASX	0	1	1	0	3	3
ACDC	10	7	17	18	19	37
ADTT	3	2	5	9	4	13
AGDAK	14	14	28	33	26	59
CBSEIXAL	1	0	1	3	0	3
CPC	2	1	3	6	3	9
CPPEA	14	23	37	41	59	100
GDC	2	5	7	8	13	21
GDIB	11	1	12	29	3	32
GDRV	0	1	1	0	3	3
GRQL	0	3	3	0	7	7
IND	0	1	1	0	3	3
MKED	14	11	25	27	25	52
NDJL-ST	4	5	9	10	15	25
PFC	1	7	8	1	17	18
QFC	6	14	20	18	39	57
VFC	1	0	1	3	0	3
_Total	95	103	198	240	258	498



Estatística Escalão

Escalão	Nº atletas Masculino	Nº atletas Feminino	Nº atletas Total	Participações Masculino	Participações Feminino	Participações Total
BENJ A	18	19	37	18	19	37
BENJ B	27	18	45	81	52	133
INF	14	23	37	39	65	104
INI	14	26	40	38	76	114
JUV	17	14	31	50	39	89
JUN	5	3	8	14	7	21



Designação Clubes

Sigla	Nome	Associação
AACC	A A CHARN CAPARICA	Setúbal
AASX	A ATLETISMO SEIXAL	Setúbal
ACDC	A C D COTOVIA	Setúbal
ADTT	A D TÁLENTOS TEAM	Setúbal
AGDAK	ASSOCIAÇÃO GDAK	Setúbal
CBSEIXAL	CASA BENFICA SEIXAL	Setúbal
CPC	CASA POVO CORROIOS	Setúbal
CPPEA	CLUBE PEDRO PESSOA	Setúbal
GDC	G DESP CAVADAS	Setúbal
GDIB	G DESP INDEPENDENTE	Setúbal
GDRV	G D R DA VERDERENA	Setúbal
GRQL	G R QUINTA DA LOMBA	Setúbal
IND	Individual	None
MKED	MONTE KAPA	Setúbal
NDJL-ST	N D JUV LARANJEIRO	Setúbal
PFC	PALMELENSE F C	Setúbal
QFC	QUINTAJENSE F C	Setúbal
VFC	VITÓRIA F C	Setúbal

